



Helping you
get back in
the game 

Your guide to the main benefits of

One Plan Sport

One Plan Sport is a unique plan which is designed to meet the needs of people who lead an active lifestyle. As well as providing great cover for treatment in public and most private hospitals, it provides cover for a *fitness screening* package and *sports injury programmes* in the Sports Surgery Clinic, Santry.

Sports related benefits

Vhi Healthcare's exclusive agreement with the Sports Surgery Clinic in Santry covers the following:

- Full cover for a fitness screening, every 2 years
- Full cover for emergency care treatment in a Vhi SwiftCare Clinic for a sports injury*
- Cover for the diagnosis, treatment (surgical and non-surgical) and rehabilitation of acute sports injuries* e.g. a fracture or a serious Achilles tendon injury. This can include a consultation with a sports physician, x-rays, physiotherapy, surgery and a hospital stay, if necessary

* Subject to a €75 excess per claim

Hospital care

In addition to the unique sports related benefits and access to over 2,100 consultants, cover includes:

- Full cover for day care and semi-private room treatment in all public hospitals
- Full cover for day care procedures and a wide range of treatments in semi-private accommodation in most private hospitals, subject to an excess of €125 per claim – for further information please refer to the Table of Benefits on www.vhi.ie/downloads
- Limited cover for specified ophthalmic procedures in private hospitals
- Up to €100 per night for accommodation expenses for out-patient cancer treatment – maximum of €1,500 per year
- Full cover for out-patient procedures provided by Vhi HomeCare (subject to specified criteria)

For more information

Call us today on 1850 211 558 or
log onto www.vhi.ie/oneplansport

When you need us, we're there



Vhi
HEALTHCARE

Maternity benefits

- Full cover for up to 3 days accommodation in a public hospital
- Your newborn baby is covered free until your next renewal date

Care when abroad

- €65,000 for emergency treatment abroad (while on holidays abroad for less than 180 days)
- Elective treatment abroad (*Subject to prior approval and satisfaction in full of specified criteria)
 - Surgical procedures available in Ireland – €65,000*
 - Treatment not available in Ireland – €65,000*
- Access to a 24 hour medical phone service with an English speaking medical expert and help to find a local GP, hospital or clinic

Stress related cover

- Full cover for 100 days stress related and psychiatric in-patient care in accordance with your plan held
- Up to 91 days in-patient care for alcohol or substance abuse in any 5-year period
- Dean Clinic – Mental Health Assessment of up to €100 per member in every 2 year period and up to €25 per visit to a maximum of 12 visits per year for Mental Health Therapy

Day-to-day cover for medical expenses (subject to an annual excess of just €150 and an annual benefit maximum of €1,500)

Medical expenses	Cover (per visit)	Visits per year
Sports physician consultations	€75	Up to 2
Emergency dental treatment	€300	Per year
Consultant visits	€60	Up to 7
Consultant pathologist fees	€60	Per referral
Consultant radiologist fees	€60	Per procedure
Radiology/Pathology technical fees	50% of agreed charges	Up to a max. of €300
Pre- & post-natal care	€250	Year of birth
A&E levy	€75	Up to 2
Vhi SwiftCare benefit ¹	€75	Up to 2
Physiotherapy	€25	Up to 7

¹This benefit is not subject to an excess

NurseLine 24/7

NurseLine 24/7 is a confidential telephone support service staffed by qualified nurses who supply information on a wide range of medical conditions and queries.

NurseLine 24/7 is available 24 hours a day, 7 days a week and is available exclusively to Vhi Healthcare members. Phone us on CallSave 1850 247 724 and make sure you have your membership number to hand!

This leaflet is issued as a guide only and does not form part of a contract. Full details of cover are included in the Rules of Membership and Table of Benefits which are received upon joining. Alternatively, you may request a copy of the Rules at anytime.