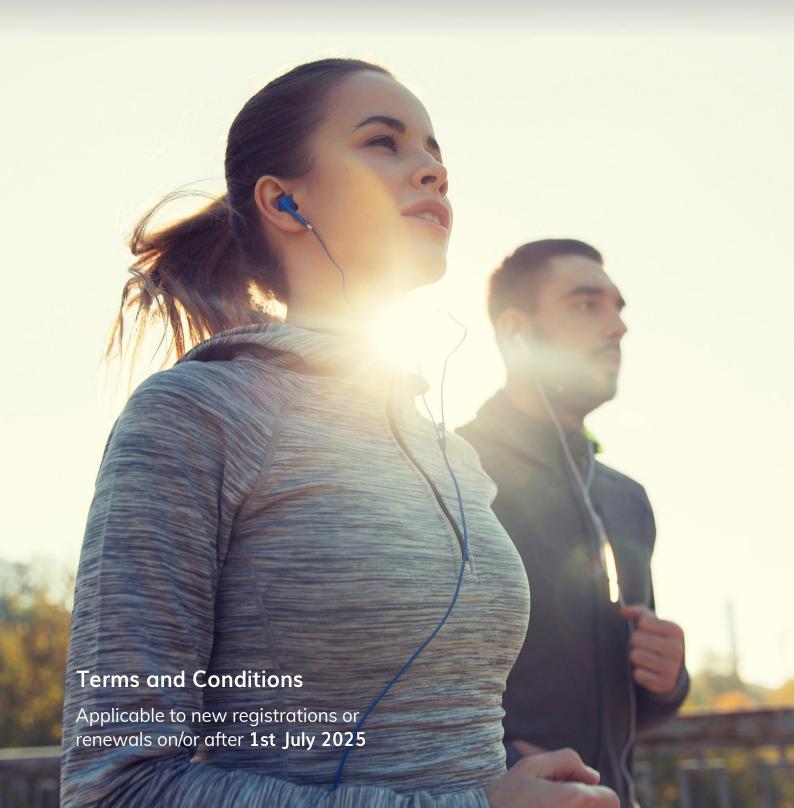


Hospital Plans



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Welcome

Thank you for choosing us as your trusted healthcare partner. This document makes it easier for you to understand the important legal information regarding your Plan, including how your cover works, how to make a claim, and key details about your Benefits.



Introduction

Your Policy

Your Policy is made up of:

- (1) this Rules document;
- (2) the Schedules of Benefits:
- (3) Your Table of Benefits issued to You; and
- (4) Your Directory of Approved Medical Facilities.

Please note We may change the Directories of Approved Facilities and Schedules at any time, including during the year. You can find the most up to date directories on Our website at: vhi.ie.

How Your Plan works

- (1) We will cover the eligible costs, expenses and other payments set out in Your Plan. These are known as 'Benefits'.
- (2) The amount We will pay for each Benefit is set out in Your Table of Benefits. You must cover the remaining costs if applicable.
- (3) Some Benefits are subject to a limit, which is the most We will pay for that Benefit.
- (4) Some procedures have conditions that need to be met in order to be payable. You can contact Your Consultant or practitioner for details of conditions which apply to Your planned procedure.
- (5) You may not be covered for all Benefits listed in this document. Your Table of Benefits will show which Benefits are included under Your Plan.
- (6) In the event of a change to the Directory of Approved Medical Facilities where the contract between a participating hospital or treatment centre and Vhi is terminated for any reason other than the closure of that hospital or treatment centre, no Benefit will be payable. If this occurs, We will publish a notice in the media and the Hospital or treatment centre will be removed from Our Directory of Approved Medical Facilities.
 - You should read this document carefully and check that it covers the Benefits You require. If not, or if You have any questions at all, You should let Us know immediately.

Minimum Level of Benefits

Your Plan is designed to comply with the Health Insurance Act 1994 as amended and any associated Regulations. This means We are required by law to provide a minimum level of cover for:

- (1) day care and inpatient services,
- (2) hospital outpatient treatment;
- (3) maternity benefits,
- (4) convalescence, and
- (5) psychiatric treatment and substance abuse.

These legal requirements mean Your Plan may include Benefits that you do not need. This also means We may apply a lower Excess than shown in Your Table of Benefits, if required.



How to use this Rules Document

This Rules document is comprised of:

- (1) General definitions: Some words and phrases have a specific meaning when used in this document. Those words and phrases, along with their meaning, are set out in **General definitions**. These words and phrases appear in **bold font.**
- (2) Practitioner's registration requirements: Certain practitioners must hold certain registrations or We will not make payment. These practitioners' registration details are set out in the Practitioner's registration requirements. They also appear in bold font where used.
- (3) General terms: These are the terms that apply to Your Policy as a whole and are applicable to all Benefits.
- (4) Cover sections: To make it easier to find the Benefit You need, We have divided this document into sections which contain similar or related Benefits. Some of the cover sections include additional defined words, exclusions or conditions which apply to that cover section only, in addition to General definitions and General terms. Each of the Benefits has been divided into the following:

Benefit description	This provides details of the Benefit covered under Your Plan .
• Eligibility criteria	If there are any specific limits, conditions or exclusions applying to a particular Benefit , they will show here.
Not in Table of Benefits	A star appears next to Benefits which will not display in Your Table of Benefits .

- **(5) Additional information:** To help **You** understand this document, **We** have added useful information throughout this document. This information appears in boxes which look like the following:
 - Useful information and guidance is found in boxes like this one throughout this document.



General Definitions

If any word or phrase below appears in this document in bold font, it has the meaning shown below. **You** may find additional defined terms in the cover sections in which they appear:

Accident

Bodily injury caused solely and directly by external, violent and visible means.

Accommodation

Hospital accommodation. This is comprised of:

Private accommodation

- 1. a room in a private hospital which has only one bed; or
- 2. a single occupancy room approved by **Us** in a public hospital which has only one bed and which is a designated private bed under the Health Services (In-Patient) Regulations 1991.

Semi-private accommodation

- 1. a room in a private hospital which contains not more than 5 beds; or
- 2. a multiple occupancy room approved by **Us** in a public hospital which contains more than one bed.

Semi-private rate

The amount the hospital would have charged if **You** had stayed in **Semi-private** accommodation.

Acute

A short, sharp and severe onset which requires immediate medical attention.

Approved Facility

A hospital, day hospital centre, treatment centre or medical diagnostic centre listed in the Directory of Approved Medical Facilities which is covered by **Your Plan**.



The most up to date Directory of Approved Medical Facilities is on **Our** website: vhi.ie.

Benefit

The amount We will pay for any eligible claim, as set out in Your Table of Benefits.

Child

A person under 18 years of age at the **Renewal Date** (or at the time of joining if there is no past **Renewal Date**).

Clinical Indication/ Payment Condition

Certain procedure codes listed in the schedules have **Clinical Indications**, conditions of payment, and/or payment indicators attached to them. **Benefits** for these procedure codes are payable only when **Our** medical advisers determine that the relevant **Clinical Indications**, conditions of payment, and payment indicators have been fully satisfied.

Consultant

A Medical Practitioner with the criteria listed in the Practitioner's registration requirements who has been registered with $\bf Us$ as a

- **a. Consultant** prior to 16 March 2009 and included on the General Division of the Medical Council Register
- **b.** Consultant after 16 March 2009 and included on the Specialist Division of the Medical Council Register and in both cases where the Medical Practitioner:
- 1. holds a public hospital **Consultant** post and is not prevented from engaging in private practice by virtue of their public hospital contract and approved for registration by **Us** in an **Approved Facility**;
- 2. has been granted practice privileges for a **Consultant** post, and approved for registration by **Us**, in an **Approved Facility**; or
- 3. is solely providing **Out-Patient** services in private rooms.

CORU

The Republic of Ireland's Health and Social Care Professionals Council and the Registration Boards.

Day Care Procedures

Treatment or investigation shown as Day Care in the **Schedules of Benefits**.



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Tests

1. Electrocardiograph (ECG),

2. Electroencephalogram (EEG),

3. Cardiac stress tests.

4. Holter monitor.

5. Cardiac event monitor, and

6. Blood pressure monitor.

The initial amount **You** pay for treatment or service if **You** claim on **Your** health **Excess**

insurance. There are two types of Excess which may apply:

Hospital Excess A Hospital Excess is an amount that You have to pay towards a

private hospital claim.

The Everyday Medical Expenses Excess is an amount that is deducted from the

eligible amount payable to You.

Everyday Medical

Expenses

The Medical Expenses listed in Your Table of Benefits under the heading Everyday

Medical Expenses.

Fully Participating

Consultant

A Consultant who enters into an agreement with Us to accept Our Benefits in full

settlement of their fees and charges Our Members accordingly.

Health Insurance Acts The Health Insurance Act 1994 and any associated Regulations.

A contract of insurance within the definition of the **Health Insurance Acts**.

Health Insurance Contract

In-Patient Treatment

Medically Necessary treatment received during a stay in a hospital bed of at least

24 hours. This includes:

1. Semi-private accommodation; and

2. Private accommodation.

Ireland

Means the Republic of Ireland.

Medically Appropriate Any tests or investigations that are considered Medically Appropriate by Our medical

advisers in accordance with best practice.

Medical Facility

Hospital, day hospital centre, treatment centres or medical diagnostic centres.

Medically Necessary

Any treatment, diagnostic test, service or hospital stay considered necessary by Our

medical advisers in accordance with standards of medical practice.

Member

You and anyone that is named as an insured person on Your Policy details.

New Condition

A medical condition where the onset date, as determined by medical advice, is after the date You were included under Your Policy (or from the Renewal Date if the

Policyholder changes the Plan).

Non-Participating Consultant

A Consultant who does not enter into an agreement with Us to accept Our Benefits in

full settlement of their fees or charges. Such Consultant receives the

Non-Participating Benefit as set out in the Schedule of Benefits for Professional Fees

and may charge an additional fee to Members.

Out-Patient

Medically Necessary treatment which does not involve In-Patient Treatment,

Day Care Procedures or Side Room Procedures.

Out-Patient Procedures Treatment given to an Out-Patient which is listed in the Schedules.

Period Of Cover

The period shown in Your Policy documents as Your Period Of Cover.

Plan

Any health insurance scheme **We** provide which covers the cost of treatment in Private

Accommodation or Semi-Private Accommodation along with other Benefits set out

in Your Table of Benefits.

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Policy The contract entered into between You and Us, which is made up of the following

documents:

1. the Rules, as applicable;

2. Your Table of Benefits:

3. Directory of Approved Medical Facilities;

4. the Schedules of Benefits; and

5. any amendment or variation made from time to time to 1. to 4. above.

Pre-Existing Condition Any ailment, illness or condition where according to medical advice the signs or

symptoms of which existed at any time in the 6 months immediately before You

became covered under Your Plan or before You changed Your Plan.

Policyholder The person to whom **We** have issued the **Policy**.

Registered Insurer Any insurer registered under the **Health Insurance Acts**.

Renewal Date The date on which Your Policy renews a further 12 months unless a shorter time is

agreed by **Us**.

Rules 'The Company Plans Terms and Conditions' and/or 'Hospital Plan Terms and

Conditions', as applicable.

Schedules of Benefits The Schedules which form part of Your Policy are made up of the following and

where each of the following is referenced under Your Policy, they have the

meaning as set out in:

1. The Schedule of Benefits for Private Hospital Services;

2. The Schedule of Benefits for Professional Fees:

3. The Schedule of Benefits for General Practitioners; and

4. The Schedule of Benefits for Medical Screening.

Table of Benefits Your 'Table of Benefits' which sets out the Benefits which We will pay for

Your chosen Plan.

Technical Charges Charges for the use of:

1. Operating theatre;

2. Radiology technical;

3. Pathology technical;

4. Radiation oncology technical;

5. Specified drugs; and

6. Blood and blood products,

which are set out in the **Schedule of Benefits** for Private Hospital Services.

Therapeutic Procedures An action or administration of therapeutic agents to produce an effect that is

intended to alter or stop a pathologic process.

Waiting Period The period from the start of when **You** became covered by **Us** on a continuous

basis, during which We will not pay Benefits. We will only pay Benefits when You have been insured continuously for a minimum period of time. Please see

'Waiting Periods' in the General terms below.

Vhi Healthcare DAC and Vhi Insurance DAC. We/Us/Our

So You are clear as to who does what:

Vhi Healthcare DAC trading as Vhi Healthcare provides all services relating to the general administration of Your Policy, including issuing documents and collecting premiums.

Vhi Insurance DAC trading as Vhi Insurance underwrites Your Policy and looks after the administration of claims.

You/Your Any adult, including any Young Adult, named on Your Policy as an insured person.

Young Adult Any person who is 18 years of age up to and including 25 years of age at the time

of joining or at the date of the renewal of their Policy.



General Terms

The following terms apply to all Benefits and all claims under Your Policy. You will find additional terms in the cover sections in which they appear:

Joining Us and Paying Your premium

Becoming a Member

- 1. You can become a Member and start a Policy with Us at any time.
- 2. Before becoming a Member, You must provide Us with the information We reasonably require. All information You provide must be true, complete and accurate. We may ask for proof of any information You give to Us. This includes any information provided during the course of Your Policy.

and Communications

- Authorised Individuals 1. We will correspond with, and take instructions from, the Policyholder in relation to the administration of Your Policy. You can authorise another to deal with the administration of Your Policy on Your behalf, if You would like to do this contact Us for details. This does not apply to claims.
 - 2. We will generally communicate with You electronically where You have provided Us with an email address. If We don't have Your email address We will write to You at Your postal address. We may contact You via phone, SMS or through Our App, in accordance with Your preferences.

Irish Residency

Your Policy is intended only for people resident in the Republic of Ireland and is not available to anyone who is not. We consider someone to be a resident in the Republic of Ireland if they live here for at least 180 days in each calendar year. The **Policyholder** named on the **Policy** must ensure that everyone covered under Your Policy complies with this requirement.



Paying the Premium

- 1. The premium must be paid when it becomes due for the duration of **Your Policy.** The **Policyholder** is responsible for ensuring payments are made.
- If You pay by salary deduction, the division of the annual premium into monthly
 or weekly payments may result in the collection of marginally more or less than
 the annual premium. This happens because payments are rounded to the
 nearest cent.
- 3. If You have more than one product and You do not pay the full amount, We will allocate the amount paid proportionately to each product based on the overall premium due.
 - For example, if **You** have 2 products with **Us** with premiums of €100 and €50 respectively, the total premium will be €150. If **You** only make a payment of €100 (i.e. two-thirds of the amount owed) **We** will treat that payment as if **You** have paid two-thirds of the premium for each product.
- **4. We** will lodge all payments received in **Our** bank account. **We** will send a receipt for all payments. However, this does not mean the payment has been accepted as fulfilment of **Your** contract if the amount received does not match the amount requested or the agreed portion of same. The payment may be returned, if there is no valid contract in place.
- 5. If You do not pay the premium as agreed:
 - a. where no claims have been paid, **We** can recover the amount of the health insurance levy plus an administration charge of €50; or
 - **b.** where claims have been paid, **We** can recover the amount of the unpaid premium.
 - **We** will not provide any further insurance to **You** unless all outstanding amounts have been fully paid.

Complaint Procedure

- 1. To make a complaint You may:
 - a. call **Us** on 056 444 4444, Monday to Friday, 8am to 7pm and Saturday from 9am to 3pm;
 - **b.** complete **Our** complaints enquiry form on vhi.ie/contact **us**/help and support/complaints; or
 - c. Email Us at: info@vhi.ie
- 2. If **You** are not happy with the outcome of **Your** complaint **You** may refer the matter to The Financial Services and Pensions Ombudsman:

Address: The Financial Services and Pensions Ombudsman, 3rd Floor,

Lincoln House, Lincoln Place, Dublin 2, D02 VH29.

Phone: (01) 567 7000
Fax: (01) 662 0890
Email: info@fspo.ie
Website: www.fspo.ie

The decision of The Financial Services and Pensions Ombudsman is binding on all parties. However, if a party is dissatisfied with the decision they may appeal to the High Court.

If **You** do not wish to use **Our** complaint procedure **You** can refer **Your** dispute directly to the Courts.



Data Analysis

To adjudicate claims, administer **Your Policy**, manage **Our** business, and plan financially, Vhi will use **Your** data (including current and historical claims). This helps **Us** predict and manage costs, analyse trends, set pricing, assess profitability, and conduct modelling and propensity studies. Additionally, **We** need to process **Your** data to comply with regulatory and legislative obligations. **We** strive to use aggregated or anonymous data whenever possible, so **You** won't be identifiable from the data. However, some tasks require processing **Your** data without anonymising it. **We** also perform auditing and quality control to ensure **Our** processes are robust and followed correctly. When processing health-related claims data, **We** do so because it is necessary and proportionate for providing health insurance policies as part of **Our** business.

Data Sharing

We may share **Your** data with trusted third parties who process data on **Our** behalf, both inside and outside the European Economic Area. Vhi collaborates with the following third parties to provide **Your Policy** and comply with legislation:

- 1. Hospitals and primary care providers
- 2. Service providers
- 3. Group schemes
- 4. Vhi Group companies
- **5**. Other insurers
- 6. Regulators and government bodies

For more details, please refer to Our Data Protection Notice available at vhi.ie.

Waiting Periods

Waiting Periods

- Some treatments and conditions are subject to a Waiting Period. The Waiting
 Period is the period of time from the start of when You first became covered by Us
 or another Registered Insurer on a continuous basis, during which We will not pay
 Benefits.
- If no Waiting Period is specified below, this means there is no Waiting Period and You are covered from the first day of Your Period Of Cover.



The **Waiting Period** starts from the date **You** first take out insurance with **Us** or a **Registered Insurer** that provides equivalent cover. This means that if **You** renew the **Policy** without a gap in cover, the **Waiting Period** does not start again.

Accidents

There is no **Waiting Period** for treatments required as a direct result of an **Accident** occurring after **You** have been included on **Your Policy**. The following **Waiting Periods** apply to **Your Policy**:

Specific Waiting
Periods

Treatment or condition	Waiting Period
New Conditions:	26 weeks
Pre-Existing Conditions:	5 years
Benefits under the Maternity & fertility programme:	52 weeks
Pre-Existing Conditions following an upgrade to Your Plan at renewal:	2 years (for treatments and conditions covered by the upgrade)
Benefits under the Maternity & fertility programme following an upgrade to Your Plan at renewal:	52 weeks

Determining Pre-Existing Conditions Our medical advisers will determine whether a condition is a **Pre-Existing**Condition. Whether the signs or symptoms are consistent with the condition existing before the start of **Your Period of Cover** is what determines whether it is a **Pre-Existing Condition**, not the date when **You** became aware of the condition or the condition is diagnosed.

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If **You** are switching to a **Plan** with lower cover, **You** won't have to serve any **Waiting Periods** (unless **You** are currently serving new customer **Waiting Periods**).

If **You** are switching to a **Plan** with higher cover, **You** will have to serve **Waiting Periods** as outlined under **Specific Waiting Periods** for higher levels of cover.

Break in Cover

If there is a break in cover for more than 13 weeks (including at renewal), **We** will treat **Your Policy** as a new **Policy**. This means that all of the **Waiting Periods** will start again from the date **Your** new **Policy** starts. If there is a break in cover for 13 weeks or less, the **Waiting Periods** will not start again.

Transfer from Another Insurer If **You** transfer from a **Health Insurance Contract** with another insurer registered in Ireland under the Health Insurance Act, **Benefits** will only be payable up to the level of cover offered by that contract until the expiry of the **Waiting Periods**.





Practitioner's Registration Requirements

We will make payment for treatments with the following practitioners if they hold the corresponding registrations and qualifications listed below:

Acupuncturist A practitioner who is a current member of:

1. the Acupuncture Council of Ireland,

2. the Acupuncture Foundation Professional Association,

3. the British Acupuncture Council, or

4. Professional Register of Traditional Chinese Medicine.

Audiologist A diagnostic Audiologist registered with the Irish Academy of Audiology or the

Irish Society of Hearing Aid Audiologists.

Breast Feeding Consultant A member of the Association of Lactation Consultants in Ireland, and who holds

International Board Certificate Lactation Consultant membership.

Chiropodist/
Podiatrist

A practitioner who is currently a member of:

1. the British Chiropody & Podiatry Association,

the Institute of Chiropodists & Podiatrists (Rep. of Irl.),
 the Irish Chiropodists/ Podiatrists Organisation Ltd., or

4. Podiatry Ireland.

Chiropractor A practitioner who is currently a member of either:

1. the Chiropractic Association of Ireland, or

2. the McTimoney Chiropractic Association of Ireland.

Consultant A Consultant on the Specialist Division of the Medical Council Register who has been

registered with ${f Us}$ as a ${f Consultant},$ or a medical practitioner on the General Division

of the Medical Council Register.

Counsellor A practitioner who is currently a member of:

1. a chartered member of the Psychological Society of Ireland (PSI),

2. a practitioner registered with the Irish Association of Counselling and

Psychotherapy (IACP),

3. a practitioner registered with the Irish Council of Psychotherapy (ICP), or

4. a practitioner registered with the Irish Fertility Counsellors Association (IFCA).

Dental Practitioner

A Dental Practitioner with a full current registration with the Irish Dental Council and a primary dental qualification. They must provide community based dental

care.

Dietitian A member of the Irish Nutrition and Dietetic Institute or registered on the Register

for Dietitians at CORU.

General Practitioner

(GP)

A **General Practitioner** with a current full registration with the Irish Medical

Council, who holds a primary medical qualification.

Midwife A Midwife who is registered on the midwives division of the Nursing and Midwifery

Board of Ireland (NMBI) register.

Nurse/Practice Nurse A Nurse registered with the Nurse and Midwifery Board of Ireland (NMBI).

Nutritionist A member of the Irish Nutrition and Dietetic Institute or registered on the Register for

Dietitians at CORU.

Occupational Therapist A member of the Association of Occupational Therapists of Ireland or registered on

The Occupational Therapists Registration Board at CORU.

Optometrist An Optometrist registered with either the:

1. Opticians Board, or

2. Optical Registration Board at CORU.

Orthoptist A member of the Irish Association of Orthoptists or the British Orthoptic Society.

Osteopath A practitioner who is currently a member of either:

1. the Osteopathic Council of Ireland, or

2. the Irish College of Osteopathic Medicine (ICOM).

Psychologist A chartered member of the Psychological Society of Ireland (PSI).

Physical Therapist A member of the Register of Orthopaedic and Soft Tissue Therapists of Ireland

(ROSTI) previously known as the Register of Physical Therapists of Ireland or a member of the Irish Association of Physical Therapists or a member of the Irish College of Osteopathic Medicine (ICOM) previously known as the Irish Institute of

Physical Therapists.

Physiotherapist A member of the Irish Society of Chartered Physiotherapists or registered on the

Physiotherapists Registration Board at CORU.

Psychotherapist A practitioner who is currently a member of:

1. the Psychological Society of Ireland (PSI),

2. the Irish Association of Counselling and Psychotherapy (IACP),

3. the Irish Council of Psychotherapy (ICP), or

4. the Irish Fertility Counsellors Association (IFCA).

Reflexologist A practitioner who is currently a member of either:

1. the Irish Reflexologists,

2. the Irish Reflexologists Institute, or

3. the National Register of Reflexologists.

Speech and Language A practitioner who is currently a member of:

Therapist 1. the Irish Voice Association,

2. the Irish Association of Speech and Language Therapists, or

3. the Register for Speech and Language Therapists at CORU.

Making Changes to Your Policy

Adding Members You can add new Members to Your Policy at any time.

Removing Members If You ask Us to remove a Member from Your Policy at renewal, We may contact

that Member to let them know.

Adding Newborn Children If You add Your Child within 13 Weeks of their birth, We will:

1. cover the Child from birth,

2. not apply the Waiting Periods set out in 'Waiting Periods' in the

General terms section, and

3. not charge any additional premium for that Child until the first Renewal

Date after their birth.

Other Changes Changes to Your Policy, including removing Members as shown, can only be

made at Renewal, other than in exceptional cases. Further information is also available on **Our** website at vhi.ie. Please contact **Us** if **You** do need to make a change at any other time. If **You** make any changes at renewal **You** can revert these changes within 14 days. This 14 days starts either at **Your Renewal Date** or

2 days after the issue date of **Your Policy Documents**.



Additional Charges and Refunds

- If You make a change to Your Policy, this may result in an additional premium being payable by You, or a part-refund of premium by Us. Where You are required to pay an additional premium, the change will not be effective unless You pay the additional premium in accordance with what has been agreed.
- 2. If a change to a **Policy** results in a premium refund or shortfall of less than or equal to €10, no refund or charge will be made due to the administration costs involved.

Waiting Periods

If **You** make a change to **Your Plan**, the **Waiting periods** will apply from the date of the change in respect of those changes.

Renewal and Cancellation

Automatic Renewal

To ensure **You** remain covered, **Your Policy** will automatically renew at the **Renewal Date**. **We** will not automatically renew **Your Policy** where **You** have breached the terms of **Your Policy**.

If **You** do not want to renew **Your Policy, You** must let **Us** know within **Your** 14-day cooling off period. The 14-day cooling off period begins on the later of:

- a) Your Policy Renewal Date, or
- b) 2 days after We issue Your Policy documents.

Cancellation by You

When **You** first join **Us**, **You** can cancel **Your Policy** if **You** decide **You** no longer want or need it. **You** must let **Us** know within **Your** 14-day cooling off period. The 14-day cooling off period begins on the later of:

- a) Your Policy start date, or
- b) 2 days after **We** issue **Your Policy** documents.

This means **We** will return the premium to **You** and **You** must repay any **Benefits** paid by **Us** and **You** will not be able to submit claims for expenses incurred during those 14 days.

If **You** don't cancel **Your Policy** at renewal within the timeframes above, **You** will not be able to cancel **Your Policy** or make other changes (other than in limited cases) until the following **Renewal Date**.

Cancellation by Us

We can cancel Your Policy at any time if:

- 1. the premium has not been paid in accordance with what has been agreed, by letting **You** know in writing,
- 2. You make a fraudulent or negligent representation or claim, or
- 3. there has been any other breach of **Your Policy**, by **You** by letting **You** know in writing.



Group Scheme

Where **You** are a **Member** of a Group Scheme or Corporate Group and they are contributing to the cost of **Your Policy**, **We** may action any request by them to amend, renew or cancel **Your Policy**.

Making a Claim

Some procedures have Payment Conditions or Clinical Indications which need to be met in order for the procedure to be covered. Your Consultant is aware of any criteria associated with Your treatment.

Policy Period

If the **Period Of Cover** is less than one year, the limits and **Excess** applied to some Benefits will be proportionally reduced based on the Benefit limit and Excess being based on a **Period Of Cover** of a year.

Proportional **Reduction of Limits** Amount We pay = Benefit limit \times Your actual Period Of Cover Period Of Cover of a year

Payments

There are two different ways a payment can be made under this **Policy**, either:

- 1. Direct pay This is where **We** pay the treatment provider directly; or
- 2. Pay and claim back This is where **You** have to pay for the treatment and then claim the amount of any covered **Benefit** from **Us**.

Whether or not a particular treatment is covered by a direct pay arrangement will depend on the type of treatment, the level of Your **Policy** and the facility providing the treatment. In most cases the treatment provider will be able to confirm whether a treatment is covered by a direct pay arrangement. If **You** are not sure, **You** can check via MyVhi, the 'Check your Health Cover' feature in the Vhi app or by calling Us.

Other Insurance Cover If You, or anyone else covered by Your Policy, are entitled to claim under any other insurance policy for any of the costs, charges or fees, We will only pay the amount in Excess of the other insurance. You must tell Us if You have other insurance when making a claim. We do not allow dual insurance. This means that You cannot hold two policies that cover the same expenses with Us.

Excess

We will not make any payment unless the Excess is exceeded.

Hospital excesses are paid by You directly to the hospital. The hospital will then send the remaining bill directly to Vhi.

Everyday Medical Expenses Excess is deducted from the eligible amount

You claim back from Us.

We will not refund the In-Patient Treatment Excess amount.

You can find more information on excesses at vhi.ie.

Shortfall in Benefits

A shortfall is the amount of **Your** treatment that is not covered by **Your Policy**. You must pay this amount yourself.

Payment Currency

We will pay Your Benefits in Euro.

Electronic Payments

For payment made by Single Euro Payment Area (SEPA) You must provide the accurate and correct bank identifier code (BIC) and international bank account number (IBAN) on Your claim form or Our Snap and Send system.



If the details You provide are incorrect and any attempted payment is returned then **We** will send a cheque.

Information Requests 1. In order to establish eligibility for Benefits We may contact the facility and **Your** treating practitioners, including where relevant **Your GP**, to request copies of all necessary information. This includes copies of facility or medical records relating to the treatment or services.



- By signing the claim form, You confirm the details on the form are correct and You authorise the doctors and hospital to supply Us with information We request.
- 3. If a parent or legal guardian signs the claim form in relation to their **child**, they confirm the details on the form are correct and authorise the doctors and hospital to supply **Us** with the information **We** request.

Prior Approval/ Pre-Certification

- Some treatments and procedures are only covered where pre-authorised by Us.
 We will only give Our approval where:
 - a. there are specific Clinical Indications, or
 - **b. We** consider the treatment will result in a positive prognosis, based on medical evidence.
- If a treatments or procedure needs prior approval by Us, this will be shown on the Schedule of Benefits, and We will have made Your Consultant aware of this requirement. To apply for prior approval, Your Consultant must submit a request in writing to Us for pre-authorisation.
- 3. Where **We** have given prior approval, the approval is valid for 60 days from the date of issue by **Us**. If the treatment takes place after 60 days, a new prior approval application may be required.

Direct Pay

- 1. Where We have a direct payment arrangement with a hospital, the hospital will send the claim form and invoices directly to Us. We will pay the hospital directly for eligible Benefits based on the information provided to Us. We will then let You know the details of the Benefits We have paid. We have direct payment arrangements with most Approved Facilities.
- 2. Where, by law, We have to pay Benefits for doctors' fees directly to the doctor We will send You the details of such payments. If by law We are still required to pay Benefits directly to the doctor, where You have also paid the doctor directly You will need to ask the doctor for a refund of any amounts You have paid.

Determining which Benefits Apply

The **Benefits We** cover will be based on the terms of **Your Policy** on:

- 1. the first day of Your hospital stay; or
- 2. the date of treatment if **You** are not staying in hospital.

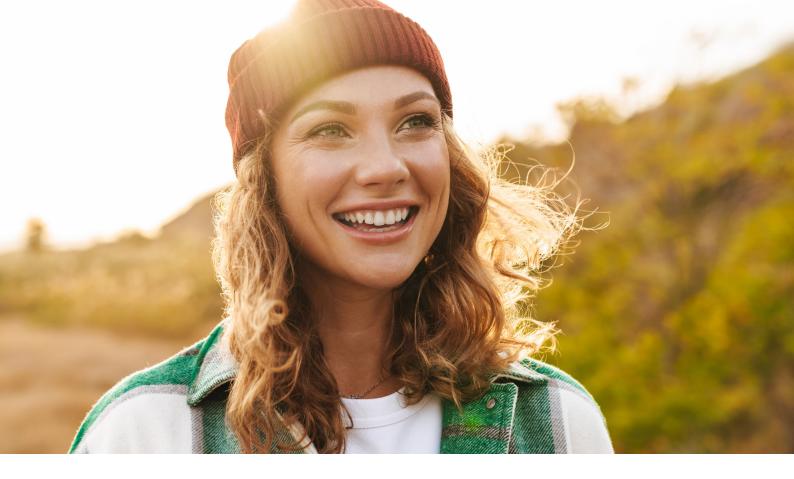
We will not cover any Benefit that is not included under Your Plan.

Hospital Invoices

Hospital invoices and receipts must be in a format specified by **Us**. If they are not, **We** may be unable to calculate **Your** exact **Benefit** for hospital charges. **We** will calculate the **Benefit** due as best **We** can from the information supplied and pay the amount due directly to the hospital.

Pay and Claim Back

- Some hospitals do not have a direct payment arrangement with Us. You must pay
 these hospitals directly. We will pay the eligible Benefits for the hospital charges
 directly to You after You submit a completed claim form with the paid receipts to
 Us. However, We are required by law to pay doctors' fees associated with hospital
 claims directly to the doctor. You can find the claim form and more information on
 how to claim on vhi.ie/claims.
- 2. Our Snap and Send claiming system can be used to claim Everyday Medical Expenses. These must be submitted within a reasonable timeframe. Reasonable timeframe is defined as Your current renewal period and Your previous two renewal periods, if insured. Claims submitted outside of this timeframe are not eligible for payment. Additional terms and conditions apply to the Snap and Send claiming system. These are available on MyVhi.



Claim Form and Receipts 1. We will only pay Your claim when We receive:

- a. a completed claim form signed by You, and
- b. the original paid invoices or receipts, and
- 2. We will only pay Your child's claim when We receive:
 - a. a completed claim form signed by their parent or legal guardian, and
 - **b.** the original paid invoices or receipts.
- 3. Invoices and receipts will not be returned following assessment of the claim. You may wish to retain copies before sending them to Us.

Signing on Behalf of a Child

If a parent or legal guardian signs the claim form, they authorise Vhi to correspond with **You** in relation to the claim and to issue any payment directly to **You**. If the **child** turns 18 while the claim is in progress, Vhi will continue to correspond with **You** until the claim is concluded.

Receipts Format

Invoices or receipts must contain:

- 1. the patient's name;
- 2. the practitioner's name/registration details;
- **3.** type of treatment;
- 4. date of treatment; and
- 5. amount paid.

What We will Pay

We will pay the lower of:

- 1. the amount You are actually charged; or
- 2. the Benefits payable under the Policy.

Maximum Payment

For eligible **Benefits We** will pay up to the specified maximum limits which apply to **Your Policy**. These are set out in **Your Table of Benefits**.

Clinical Indications

Some treatments are only covered where there are specific **Clinical Indications**. **We** will only cover these treatments where the **Consultant** has confirmed that the **Clinical Indications** are present. The **Clinical Indications** and other criteria are included in the **Schedule of Benefits**. **We** will have made **Your Consultant** aware of this requirement.



Validation

The details provided on the claim form are used for validation purposes against the details We hold. If You need to update Us or have not provided Us with specific details such as Your address, phone number, email address or bank account details please log on to MyVhi to update Your details. Alternatively, You can contact Us on (056) 444 4444.

Governing Law & Acts

Governing Law Act

Your Policy is governed by the laws of the Republic of Ireland. European Accessibility In accordance with the European Union (Accessibility Requirements of Products and Services) Regulations 2023, Vhi have set out their compliance in their Accessibility Statement which can be accessed at https://www1.vhi.ie/accessibility.

Changes to Your Circumstances

Changes to Your Circumstances

We ask that You notify Us immediately of any change in circumstances which are material to Your Policy or which could alter the information or assumptions on which Your Policy is based. This applies before the start of Your Policy and throughout Your Period Of Cover.

Third Party Claims

Legal Action and **Proceedings**

Where You require treatment as a result of an injury caused through the fault of another person and You propose to pursue a legal claim against that party, We will pay **You** the **Benefit** if **You** (or **Your** parent or legal guardian if **You** are under 18):

- 1. complete the claim form in full and sign the injury section of the claim form. This includes an undertaking to include all Benefits paid in any claim against the third party,
- 2. submit a fully completed undertaking from Your solicitor that "In consideration of Vhi discharging the eligible hospital and medical expenses of my client, I hereby agree to include as part of my client's claim the monies so paid by Vhi (details of which will be supplied to me by Vhi) and subject to any court order to the contrary, to repay to Vhi – out of the net proceeds of the settlement that comes in to Our hands – all monies recovered in respect of such expenses paid by Vhi";
- 3. inform Us as soon as reasonably possible of any arrangements for settlement discussion or hearing dates,
- 4. in circumstances where a reduced settlement is anticipated, You contact Us as soon as You know that money paid by Us may not be recovered in full, and
- 5. provide **Us** with documents from **Your** legal representative confirming the amount of the proceeds recovered, if a reduced settlement has been agreed.

An undertaking will not be required from Your solicitor and refunds will not be sought if the total eligible **Benefit** payable in respect of an injury does not exceed the threshold amount of €1,000. However, if subsequent claims are submitted in respect of the same incident increasing the total **Benefit** payable to €1,000 or more, an undertaking must be completed.

No Legal Action or Proceedings

Where **You** require treatment as a result of an injury caused through the fault of another person and **You** do not propose to pursue a legal claim against that party and where **Our** legal advisers view is that expenses are recoverable from that party, **We** will pay the **Benefit** if **You**:

- a. complete the claim form in full and sign the injury section of the claim form. This includes an undertaking to include all **Benefits** paid in any claim against the third party,
- b. immediately notify Us in writing if any such claim is started, and
- c. if started, submit a fully completed undertaking from Your solicitor that "In consideration of Vhi discharging the eligible hospital and medical expenses of my client, I hereby agree to include as part of my client's claim the monies so paid by Vhi (details of which will be supplied to me by Vhi) and subject to any court order to the contrary, to repay to Vhi out of the net proceeds of the settlement that comes in to Our hands all monies recovered in respect of such expenses paid by Vhi".

Injuries Board

If **You** make an application to the Injuries Board, **We** will pay **Benefits** provided **You** (or **Your** parent or legal guardian if **You** are under 18):

- complete the claim form in full and sign the injury section of the claim form.
 This includes an undertaking to include all Benefits paid in any claim against the third party,
- 2. submit a fully completed undertaking from Your solicitor that "In consideration of Vhi discharging the eligible hospital and medical expenses of my client, I hereby agree to include as part of my client's claim the monies so paid by Vhi (details of which will be supplied to me by Vhi) and subject to any court order to the contrary, to repay to Vhi out of the net proceeds of the settlement that comes in to Our hands all monies recovered in respect of such expenses paid by Vhi".
- 3. authorise **Us** to provide the Injuries Board with details of all money paid by **Us** relating to **Your** application,
- **4.** authorise the Injuries Board to release details to **Us** of the Injuries Board's assessment in relation to the money paid by **Us**, and
- **5.** allow **Us** to commence court proceedings if the Injuries Board decides that the case is more appropriately dealt with by the court, and issue a letter of authorisation if required.

Criminal Injuries Compensation Tribunal Claims If **You** pursue a claim through the Criminal Injuries Compensation Tribunal, **We** will pay **Benefits** provided **You** (or **Your** parent or legal guardian if **You** are under 18 years old):

- 1. complete the claim form in full and sign the injury section of the claim form.

 This includes an undertaking to include all **Benefits** paid in any claim against the third party,
- **2.** provide **Us** with a copy of the written confirmation from the Criminal Injuries Compensation Tribunal,
- **3.** authorise **Us** to seek details of any settlement directly from the Criminal Injuries Compensation Tribunal and
- **4**. authorise the Criminal Injuries Compensation Tribunal to release information regarding the details of any settlement to **Us**.



Unsuccessful Third Party Claims

If a claim against a third party is not successful or is withdrawn, **We** will not seek a refund of the Benefit paid, provided Your solicitor sends Us full written details of the case outlining the reasons why the case was unsuccessful or discontinued to Our satisfaction.

Disclosure

You must disclose full details of any action to be pursued against a third party to Us in relation to an incident or accident where We have paid Benefit. If You do not, We will not pay any subsequent claims relating to the incident or **accident**.

Fraud or Misrepresentation

Fraud or Negligent Misrepresentation

If You make, or attempt to make, any negligent misrepresentation or fraud relating to Your Policy, any claim under the Policy or another health insurance policy, We can:

- 1. cancel Your Policy with immediate effect;
- 2. not pay any Benefits under Your Policy from the date of termination; and
- 3. refuse to renew Your Policy.

Audits

We make regular audits of claims and where negligent misrepresentation or fraud is suspected, We will carry out a full investigation. We may refer details of any claim submitted, where **We** suspect fraud, to the authorities to take appropriate action.

General Exclusions

We will not cover any Benefits for:

Some Treatments

any treatment that is:

- 1. not Medically Necessary; or
- 2. not intended to cure or alleviate a medical condition.

Long Term Care

any treatment or hospital stay which in the opinion of Our medical advisers is consistent with long term care.

Experimental

experimental drugs and treatments.

Treatments Nursery Fees

nursery fees.

Special Nursing

charges for special nursing in hospital.

Medical Report

charges for a medical report.

Practitioner Services to Relatives

Not Liable for

treatments, tests or consultations given by a practitioner to their partner, children, siblings, parent or themselves.

Third Parties

expenses which You, or the person covered by Your Policy, are not liable for. expenses which You, or the person covered by Your Policy, are entitled to recover from a third party.

Non-Approved **Facilities**

treatment in or charges from a hospital or treatment centre which is not an Approved Facility. This includes if You are receiving treatment in an Approved Facility, and You are transferred to a hospital or treatment centre which is not an Approved Facility.



Where You receive treatment in an Approved Facility and You are transferred to another hospital for additional treatments or admission to an ICU, it is **Your** responsibility to check what **Benefits**, if any, are available.



Non-Eligible Treatment investigations or treatments related to complications arising from treatment which is not eliqible for **Benefits**.

Non-Recommended drugs

drugs which are:

a. not recommended for reimbursement by the National Centre for Pharmacoeconomics, unless otherwise approved by **Us**; or

b. unlicensed.

Gender Affirmation

reversal of previous gender affirmation surgery.

We will not cover any **Benefits** for any of the following, other than where specifically shown as covered by **Your Policy**:

Ophthalmic Procedures ophthalmic procedures for correction of short-sightedness, long-sightedness or

astigmatism.

Preventative Medicine vaccinations, routine or preventative medical examinations. This includes

screening, bone density scans and check-ups, other than where specifically

covered by Your Plan.

Hearing, Sight and

Dental

a. hearing and sight tests;

b. hearing aids, cochlear implants, glasses or contact lenses; or

c. dentures, orthodontic treatment or orthodontic appliances (such as braces).

Contraception contraceptive measures or the reversal of contraceptive measures.

Reproduction treatments related to artificially assisted reproduction.

Weight Reduction treatment for weight reduction, other than bariatric surgery procedures

specified in Your Policy.

Alternative Medicine alternative medicine or treatments.

Psychologist Fees psychologist fees.

Cosmetic Treatment Cosmetic Treatments. This includes tests, investigations, consultations and

treatments of any complications arising from cosmetic treatments. However, **We** will still cover such treatments where required to restore **Your** appearance

following an **Accident** or because **You** were severely disfigured at birth.



Hospital Care

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions**:

Approved Hospice A centre listed in the Directory of Approved Medical Facilities, which is approved

for care of the terminally ill.

Treatment or investigation which is **Medically Necessary** and shown as Day Care in Day Care Procedures

the Schedule of Benefits.

This does not include overnight stays or **Side room procedures**.

Fixed Price Procedures Fixed Price Procedures (FPP) We use to describe a variety of specified major complex

procedures (e.g. cardiac and neurosurgery).

Side Room Procedures Treatment or investigation for which an extended period of recovery is not required

and is shown as side-room in the Schedules of Benefits for Professional Fees.

Specified Ophthalmic Ophthalmic procedures **We** approve which are carried out in an **Approved Facility**.

Ophthalmic procedures principally concern cataract procedures. A list of these

procedures is available from Us on request.

Specified Orthopaedic Orthopaedic procedures We approve which are carried out in an Approved Facility. **Procedures**

Orthopaedic procedures principally concern hip, knee or shoulder replacements.

A list of these procedures is available from **Us** on request.

Cover Conditions

These additional Conditions apply to the 'Hospital Care' section.

In-patient, Day Care and Side Room **Procedures**

Procedures

For In-Patient Treatment, Day Care Procedures and Side Room Procedures

- 1. only cover up to 180 days per person during Your Period Of Cover in any calendar year.
- 2. deduct any day's treatment within the same calendar year that have been paid under any other Health Insurance Contract.



We will cover:

Day Care Procedures a contribution towards the cost of Day Care Procedures carried out in an Approved Facility.

? Eligibility Criteria

We will pay the Benefit shown in Your Table of Benefits. If a Day Care Procedure is performed in an In-Patient setting, then We will only pay approved Day care charges.

If it is **Medically Necessary** for **You** to be treated as an **In-patient**, **We** will cover **You** under **Semi- private accommodation** or **Private accommodation** below, subject to the terms of **Your Plan**.

Side Room Procedures

a contribution towards the cost of **Side room Procedures** carried out in an **Approved facility**.

If it is **Medically Necessary** for **You** to be treated as an **In-patient**, **We** will cover **You** under **Semi- private accommodation** or **Private Accommodation** below, subject to the terms of **Your Plan**.

Outpatient Procedures

a contribution towards the cost of **Out-Patient Procedures** performed in an **Approved Facility**.

We will pay the Benefit shown in Your Table of Benefits towards the cost of professional fees for Outpatient procedures performed in an Outpatient Setting.

Semi-Private accommodation a contribution towards the cost of In-Patient Treatment in an Approved Facility in Semi-private accommodation. If You use accommodation (including ICU) that needs a higher level of cover than You have, We will only cover the amount shown in Your Table of Benefits. This includes:

- 1. transfers to hospitals; and
- 2. transfers to ICUs in hospitals that require a higher level of cover than You hold under Your Plan. The level of Benefits payable, if any, will be as outlined in Your Table of Benefits.

The availability of **Private accommodation** or **Semi-private accommodation** is determined by the facility, and not **Us**. Some facilities may only have one type of **Accommodation**. If this is the case, **You** may be required to pay any shortfall if the **Accommodation** provided is a higher level than is covered by **Your Plan**.

Private accommodation

a contribution towards the cost of **In-Patient Treatment** in an **Approved Facility** in **Private accommodation**.

If You use Accommodation (including ICU) that needs a higher level of cover than You have, We will only cover the amount shown in Your Table of Benefits. This includes:

- 1. transfers to hospitals; and
- 2. transfers to ICUs in hospitals that require a higher level of cover than **You** have.
- The availability of **Private accommodation** or **Semi-private accommodation** is determined by the facility, and not **Us**. Some facilities may only have one type of **Accommodation**. If this is the case, **You** may be required to pay any shortfall if the **Accommodation** provided is a higher level than is covered by **Your Plan**.



We will cover:

Professional Fees

a contribution towards the fees paid to Consultants or GPs for carrying out treatments which are:

- 1. Medically Necessary;
- 2. covered by the Schedule of Benefits; and
- 3. carried out in an Approved Facility.

? Eligibility Criteria

If the **Consultant** or **GP** giving the treatment is Non-Participating with Vhi, We will pay the Non-Participating Benefit set out in the **Schedule of Benefits**. This applies even if the treatment is given in an emergency. You will need to pay any shortfall.

If Your treatment is not covered by Your Plan or is not carried out in an Approved Facility, We will not pay the above Professional fees Benefit for the fees of Consultants or GPs.

Reduction

a contribution towards the cost of breast reduction treatment.

We will pay the costs if:

- 1. Your Consultant obtains Our prior approval on Your behalf, and
- 2. You satisfy the criteria as set out in the Schedule of Benefits.



Your Consultant will be able to advise You as to what criteria apply.

Transport Costs

a contribution towards the cost of an ambulance or intermediary ambulance where Medically Necessary.

- 1. We will cover such costs where:
 - a. a doctor certifies it is Medically Necessary because You are seriously ill or disabled;
 - **b.** the ambulance or intermediary ambulance company is approved by **Us**;
 - c. You are an In-Patient and it is used to transfer You:
 - i. between hospitals listed in the approved list of Medical Facilities where at least one of the hospitals is an Approved Facility;
 - ii. from an Approved Facility to another **Approved Facility** which is a scan centre, or a convalescent home for a stay approved by Us.
 - iii.from an Approved Facility to an Approved Hospice; or
 - iv.from an Approved Facility to Your home for end-of-life care; and
 - d. a Benefit is payable under this Policy for treatment received by You in the **Approved Facility** to or from which the ambulance or intermediary ambulance has transported You;

✓ Benefit description We will cover:	? Eligibility Criteria
	 Payment of the cost of an ambulance or intermediary ambulance does not mean You are covered for other costs relating to a claim. If the doctor determines that a taxi is the most appropriate level of transport required, We will pay the Benefit directly to the hospital You were transferred from.
Return Home Benefit a contribution towards travel costs incurred by You on Your discharge from hospital to Your home following a Medically Necessary stay in hospital of at least 5 days which is eligible for Benefit.	 We will provide cover: towards travel costs for public transport, taxi, hackney and car parking costs; and for claims accompanied by dated receipts on headed paper. This Benefit is subject to a maximum of 3 claims per calendar year.
Dental Procedures a contribution towards the cost of: 1. dental procedures which are classified as a Day Care Procedure or a Side room procedure as outlined in the Schedule of Benefits and noted as required precertification; and 2. non-cosmetic osseointegrated mandibular implants.	 We will cover the costs of treatment where: Your Dental Practitioner has sent a pre-certification form and radiological evidence to Our claims department for assessment by Our dental advisors; and the treatment is authorised by Our dental advisors before being performed. The Professional fee Benefit is payable for non-cosmetic osseointegrated mandibular implants where the criteria set out in the Schedule of Benefits are satisfied in full. In addition, a grant-in-aid of €532.29 is payable towards the cost of components for each implant. We will not pay for treatment related to functional disorders of the chewing system, including Out-Patient consultations, unless listed in the Schedule of Benefits for Professional Fees and treatments listed under Everyday Medical Expenses.
Gender affirmation surgery a contribution towards the cost of gender affirmation surgery.	 We will cover costs where: 1. We have given Our prior approval, 2. You are aged 18 or over, and 3. Specific criteria are satisfied in full. Please contact Us for details of these criteria.



We will cover:

Radiotherapy and Chemotherapy a contribution towards the cost of radiotherapy and chemotherapy:

- 1. In-Patient Treatment;
- 2. Day Care Procedures;
- 3. Side Room Procedures: and
- **4. Out-Patient Procedures** carried out on an **Out-Patient** basis,

required during the Period Of Cover.

? Eligibility Criteria

- We will deduct any days' treatment within the same calendar year that have been paid under any other Health Insurance Contract.
- We will not cover Out-Patient radiotherapy treatment, in a hospital that is not an Approved Facility.
- 3. For Out-Patient procedures in a hospital that is not an Approved Facility, We will:
 - pay professional fees which are covered elsewhere by Your Policy; and
 - **b.** not pay any hospital charges.

Convalescent Care

a contribution towards **Your convalescent care accommodation** charges.

We will cover the **Benefit** of **convalescent care** where:

- a Consultant and Our medical advisers agree that it is Medically Necessary;
- the care immediately follows a stay in hospital which is eligible for Benefit under Your Policy, even if the hospital is not covered by Your Plan; and
- 3. You stay in an Approved Facility which is a Convalescent Home listed in the Directory of Convalescent Homes. The most up-to-date list is available on Our website at vhi.ie.

Please refer to vhi.ie/claims for further details on how to claim.



We will cover:

Vhi Hospital@Home

the agreed charges of care at home for **Acute** conditions of the same type and level as would have been provided in a hospital. This includes emergency back-up care.

? Eligibility Criteria

We will provide this Benefit if:

- 1. treatment in a hospital would have been required,
- specified requirements of Vhi Hospital@ Home are satisfied, including age eligibility,
- 3. the medical condition is an eligible medical condition, and
- **4.** the referral is from:
 - a GP relating to a Member in their own home or a Nursing Home in the Greater Dublin area or within 30km radius of Galway City, or
 - a Consultant attached to a hospital which is an Approved Facility for Benefit, by one of the following routes:
 - Accident and Emergency Department,
 - ii. hospital In-patient ward, or
 - iii. Consultants' rooms.

Please refer to vhi.ie or contact **Us** for up-to-date conditions. Please contact **Us** if **You** have a question regarding whether a condition is eligible for this **Benefit**.

Specified Fixed Price Procedures - Cardiac a contribution towards the cost of cardiac level 1 and level 2 Specified Fixed Price Procedures carried out in an Approved Facility. The level of **Benefit** payable will depend on:

- 1. the type of the Fixed Price Procedure; and
- 2. the level of cover under Your Plan.

Some procedures when carried out in other hospitals are not called **Fixed Price Procedures**. If this is the case, **We** will pay the **Benefit** associated with **Your** level of cover for that hospital as set out in **Your Table of Benefits**. These will not be treated as **Fixed Price Procedures**. If **You** are in any doubt, **We** recommend that **You** contact **Us** before admission.

Specified Fixed Price Procedures -Non-Cardiac a contribution towards the cost of a non-cardiac Specified Fixed Price Procedures carried out in an Approved Facility. The level of **Benefit** payable will depend on:

- 1. the type of the Fixed Price Procedure; and
- 2. the level of cover under Your Plan.

Some procedures when carried out in other hospitals are not called **Fixed Price Procedures**. If this is the case, **We** will pay the **Benefit** associated with **Your** level of cover for that hospital as set out in **Your Table of Benefits**. These will not be treated as **Fixed Price Procedures**. If **You** are in any doubt, **We** recommend that **You** contact **Us** before admission.



We will cover:

Specified Orthopaedic Procedures a contribution towards the cost of Specified Orthopaedic Procedures for:

- 1. Day Care Procedures; and
- 2. In-Patient Treatment.

? Eligibility Criteria

We will provide this **Benefit** for procedures carried out in hospitals which are designated private hospitals.

Some procedures when carried out in other hospitals are not called **Specified Orthopaedic Procedures**. If this is the case, **We** will pay the **Benefit** associated with **Your** level of cover for that hospital as set out in **Your Table of Benefits**. These will not be treated as **Specified Orthopaedic Procedures**. If **You** are in any doubt, **We** recommend **You** contact **Us** before admission.

Specified Ophthalmic Procedures a contribution towards the cost of Specified Ophthalmic Procedures for:

- 1. Day Care Procedures; and
- 2. In-Patient Treatment.

We will provide this **Benefit** for procedures carried out in hospitals which are designated private hospitals.

Some procedures when carried out in other hospitals are not called **Specified Ophthalmic Procedures**. If this is the case, **We** will pay the **Benefit** associated with **Your** level of cover for that hospital as set out in **Your Table of Benefits**. These will not be treated as **Specified Ophthalmic Procedures**. If **You** are in any doubt, **We** recommend that **You** contact **Us** before admission.



Mental Health & Wellbeing

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to General Definitions:

Approved Day Care Programme

Mental health day-treatment programmes which are Day Care Procedures. provided by:

- 1. St. John of God Hospital, Stillorgan,
- 2. St. Patrick's Hospital, Dublin,
- 3. Lois Bridges, Dublin,
- 4. The National Eating Disorder Recovery Centre, Dublin, or
- 5. Hampstead Hospital, Dublin.

Day Care Procedures

Treatment or investigation which is **Medically Necessary** and received during a stay in hospital in a Day Care bed for an approved mental health Day Care programme or which is shown as Day Care in the Schedule of Benefits.

Substance Abuse and Addiction

Pathological Addiction An addiction to gambling, gaming, sex or pornography. An addiction to alcohol, drugs or other substances.





✓ Benefit Description We will cover:	? Eligibility Criteria
Mental Health Treatment (excluding Substance Abuse and Addiction services) the cost of: 1. In-Patient Treatment for mental health at a hospital which is an Approved Facility; and 2. an Approved Day Care programme.	 We will cover costs of In-Patient Treatment for mental health, including Pathological Addiction, up to the number of days listed in Your Table of Benefits per person in a calendar year. We will not cover the treatment of Substance Abuse and Addiction under this Benefit. We will deduct in-patient days' treatment within the same calendar year that have been paid under any other Health Insurance Contract.
Mental Health Treatment (Substance Abuse and Addiction services only) the cost of treatment for Substance Abuse and Addiction in a hospital which is an Approved Facility.	 We will cover costs of In-Patient Treatment for Substance Abuse and Addiction for up to 91 days in total per person in any five year period. This is calculated as the five years immediately before the discharge date of any such claim. We will deduct In-Patient days' treatment within the previous five year period that have been paid under any other Health Insurance Contract.
Mental Health Assessment a contribution towards the cost of an Out-Patient Mental health assessment at an Approved Out-Patient Mental Health Centre.	We will cover the Benefit for one Mental health assessment in a 24-month period, starting from the date that the assessment is first carried out.
Mental Health Therapy a contribution towards the cost of Out-Patient Mental health Therapy at an Approved Out-Patient Mental Health Centre.	We will not apply visit limits when the Out-Patient Mental health Therapy is provided by a Consultant Psychiatrist.
Meditation App a contribution towards the annual subscription costs of specified meditation applications.	 We will provide this Benefit for meditation applications that We approve. Further details can be found at vhi.ie/emotional-wellbeing. We will pay this Benefit against one application, once per renewal year.
Employee Assistance Programme a contribution towards the cost of Structured Telephone Counselling or Face-to-Face Counselling as part of the Employee Assistance Programme.	We will pay this Benefit when it is carried out by an Employee Assistance Programme Counsellor.

Maternity & Baby

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

*Some **Benefits** in this section may be under other sections in **Your Table of Benefits** depending on the **Plan You** hold.

Cover Conditions

These additional Conditions apply to this cover section.

Twins and Multiple Pregnancies

Twins or multiple children will be treated as one pregnancy for the purposes of this cover section

✓ Benefit Description We will cover:	? Eligibility Criteria
 Public hospital Benefit – Private and Semi-Private accommodation the cost of hospital charges: 1. for normal confinement in Private accommodation and Semi-private accommodation; and 2. incurred as a result of significant medical complications arising from the pregnancy or delivery, and which necessitates a stay in hospital. 	 We will cover charges for an Approved Facility. We will pay the Benefit in Your Table of Benefits for normal confinement. We will pay the Benefit in the Hospital Care Section of Your Table of Benefits following medical complications.
Public Hospital Benefit – In-Patient maternity Consultant fees' a contribution towards the cost of Consultant's delivery fees where You receive In-Patient Treatment as listed in the Schedule of Benefits for Professional Fees.	1. We will cover a Benefit where: a. where Your Consultant personally delivers Your baby; b. where the delivery takes place in a hospital listed in the Directory of Approved Medical Facilities; and c. where the Consultant is a Fully Participating Consultant; and 2. The amount We pay will be higher for Caesarean deliveries.
Home Births a contribution towards medical expenses for: 1. Home Births; and 2. home nursing by a Nurse.	 We will pay towards medical expenses incurred with a practitioner who: 1. is registered on the midwives division of the Nursing and Midwifery Board of Ireland (NMBI), and 2. has medical indemnity insurance. Please refer to vhi.ie/claims for further details on how to claim.

It is **Your** responsibility to ensure that the **Midwife** is registered and has medical indemnity insurance.



✓ Benefit Description We will cover:	? Eligibility Criteria
Post-natal Home Nursing a contribution towards the charges for Home Nursing by a Nurse following a 1 night or 2-night stay in hospital.	 We will cover Benefit for charges incurred in the 3 days after hospital delivery of Your baby. The amount shown in Your Table of Benefits includes any amounts paid under this cover for hospital charges.
Maternity Yoga and Pilates Classes a contribution towards the cost of Maternity Yoga or Maternity Pilates Classes.	We will provide this Benefit if You are pregnant and the classes are carried out by a qualified instructor.
Antenatal Course a contribution towards the cost of an Antenatal Course.	 We will pay towards costs incurred: 1. for courses given by a Midwife; and 2. incurred by the adult Member using the service.
Breast Feeding Consultation a contribution towards the cost of a Breast Feeding Consultant.	 We will pay towards costs incurred: 1. where You have a dated receipt on headed paper; and 2. by the adult Member using the service.
Baby Massage Classes a contribution towards the cost of Baby Massage Classes.	 We will pay towards costs incurred: 1. for courses carried out by a member of the International Association of Infant Massage; 2. up to 1 year after the birth of the Child; and 3. by the insured adult Member using the service.
Baby Swim Classes a contribution towards the cost of Baby Swim Classes for Your insured Child.	 We will provide this Benefit up to 1 year after the birth of the Child. We will pay this Benefit once for each insured Child.
Maternity Scan a contribution towards the cost of a Maternity Scan at any stage of pregnancy.	 We will pay the Benefit if You are pregnant and the scan is carried out by a GP, Consultant Obstetrician or sonographer. We will pay for the number of scans listed in Your Table of Benefits per year.
Vaccinations for Meningitis B and Chicken Pox a contribution towards the cost of Meningitis B and Chicken Pox vaccinations for Your Child or children.	We will cover the Benefit for vaccinations administered by a: 1. GP, 2. Consultant, or 3. Nurse.
Child Home Nursing a contribution towards the cost of nursing care at home for Your insured Child if they need Medically Necessary care at home following a hospital stay of more than 5 days.	 We will pay Benefit for care where: recommended by a GP or Consultant, commenced within 2 weeks of the child's discharge from hospital, completed within 6 weeks of the child's discharge from hospital, and given by a Nurse. Please refer to vhi.ie/claims for further details on how to claim.

✓ Benefit Description ? Eligibility Criteria We will cover: Parent Accompanying Child 1. We will cover the Benefit: a contribution towards **Your** costs for: a. where Your Child's hospital stay 1. accommodation: and exceeds 3 days, 2. travel. **b.** where **You** are the parent or guardian of when accompanying **Your Child** in respect the Child, and of Medically Necessary treatment in Ireland c. where You have a dated receipt on which is eligible for **Benefit** and where **Your** headed paper. **Child** is insured with **Us**. 2. We will pay the Benefit shown in Your **Table of Benefits**, starting from the date of admission, subject to the following: a. accommodation costs are limited to hotel, hostel, hospital and B&B accommodation, and **b.** travel costs are limited to public transport, taxi, hackney, petrol or diesel, and car parking costs. 3. Please refer to vhi.ie/claims for further details on how to claim. Post-natal home help We will pay towards costs incurred: a contribution towards the cost of domestic 1. within 6 weeks of the birth; help following the birth of Your Child. 2. by the adult **Member** using the service; and 3. if the home help provided is accredited or reputable. Foetal screening We will cover the Benefit if You are pregnant the cost of chorionic villus sampling, and administered by: amniocentesis and cordocentesis. This Benefit 1. GP: is also claimable for non-invasive prenatal 2. Consultant; or testing (foetal DNA). 3. Sonographer. We will pay Benefit in accordance with the level of cover under Hospital Cover for chorionic villus sampling, amniocentesis and cordocentesis where there is a high risk of specified foetal abnormalities and where specific conditions outlined in the Schedule of Benefits for

Professional Fees have been satisfied.

Paediatric First Aid Course a contribution towards the cost of You doing a paediatric first aid course.	 We will cover Benefit: 1. where the course is provided by the Irish Red Cross (www.redcross.ie); and 2. where You are over 18 years old.
New Parents Food Pack a contribution towards the cost of a nutritional food pack if You are a new parent.	 We will provide this Benefit up to 1 year after the birth of the Child. to access this Benefit contact Us to register Your new Child on Your Policy and We will provide You with a voucher code.



Vhi Fertility Programme

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions**:

Fertility Programme Counsellor A counsellor who has an agreement with a Vhi Approved Fertility Treatment Centre to provide counselling services.

✓ Benefit Description We will cover:	? Eligibility Criteria
Fertility initial consultation a contribution towards the cost of an initial consultation regarding Your fertility.	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
Fertility Tests a contribution towards the cost of Fertility Tests for the insured Member .	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
	The Fertility Tests which are available may vary between centres.
Egg Freezing a contribution towards the cost of Egg Freezing for the insured female Member .	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
	No Benefit is payable towards storage costs.
Sperm freezing a contribution towards the cost of sperm freezing for the insured male Member .	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
	No Benefit is payable towards storage costs.
Intrauterine implantation (IUI) a contribution towards the cost of intrauterine implantation (IUI) for the insured female Member .	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
In-vitro fertilisation (IVF)/ Intracytoplasmic sperm injection (ICSI) a contribution towards the cost of in-vitro fertilisation (IVF) for the insured female Member or intracytoplasmic sperm injection (ICSI) for the insured female Member.	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.



✓ Benefit Description We will cover:	? Eligibility Criteria
Preimplantation Genetic Testing (PGT) a contribution towards the cost of Preimplantation Genetic Testing (PGT).	 We will cover the Benefit towards the cost where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities. We will cover the costs of Preimplantation Genetic Testing where Our clinical criteria are met.
Frozen Embryo Transfer a contribution towards the cost of Frozen Embryo Transfer for the insured female Member .	We will cover the Benefit where the treatment is carried out in a Vhi Approved Fertility Treatment Centre, as outlined in the Directory of Approved Medical Facilities.
Fertility Counselling a contribution towards the cost of individual or group counselling sessions as part of a fertility programme.	We will cover the Benefit where the treatment is carried out by a Fertility Programme Counsellor.



Cancer Support Benefits

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions**:

Approved Genetic Testing Centre

A centre listed in the approved list of genetic centres shown in the Directory of Approved Medical Facilities, which is approved for the type of testing concerned.

Designated Specialist

Our approved doctor or Consultant specialising in cancer genetics.

✓ Benefit Description We will cover:	? Eligibility Criteria
Initial visit for Genetic Testing for Cancer a contribution towards an initial visit with Our Designated Specialist.	 We will pay towards costs of visits: 1. where the referral has been made by a GP or Consultant; and 2. carried out in an Approved Genetic Testing Centre.
 Genetic Testing for Cancer a contribution towards the cost of Your tests for genetic mutations associated with: 1. hereditary breast-ovarian cancer syndrome; 2. hereditary non-polyposis colorectal cancer (HNPCC), or 3. Lynch Syndrome. 	 We will cover the Benefit when: recommended by a Designated Specialist, carried out in an Approved Genetic Testing Centre, and where Our medical criteria are satisfied. Our underwriters will not be made aware of genetic data resulting from this Benefit.



We will cover:

Direct Pay Mammograms a contribution towards the cost of mammograms.

? Eligibility Criteria

We will cover a **Benefit** for cost of mammograms:

- where the referral was made by a GP or Consultant; and
- **2.** carried out in **Our** Approved Mammogram Centres.
- For details of cover for other mammograms, please refer to the radiology / X-rays & scans **Benefits** in **Your Table of Benefits**, if applicable.

Cancer Care Support – Accommodation, Travel and Parking Costs

a contribution towards the costs:

- for one night's accommodation in a hotel, hostel or bed and breakfast where You travel more than 50km;
- travel by public transport, taxi, hackney or petrol, diesel or electric vehicle charging for Your car where You travel more than 50km; and
- 3. car parking costs, incurred as a result of Out-Patient chemotherapy or Out-Patient radiotherapy treatment.

- 1. We will provide a Benefit:
 - a. where treatment takes place in an Approved Facility, and
 - where claims are accompanied by dated receipts on headed paper. This does not apply to costs for electric vehicle charging.
- 2. For electric vehicle charging costs, We will calculate the Benefit payable based on a set rate per kilometre as determined by Us and the total distance travelled by You for treatment. The distance allowed for travel will be determined using the fastest route on AA Route Planner. The current rate payable is available at vhi.ie. For Hybrid Vehicles, You may claim under the electric vehicle charging Benefit or the petrol/diesel Benefit once per treatment.
- 3. Car parking costs incurred as a result of Out-Patient chemotherapy or Out-Patient radiotherapy treatment.

Please refer to vhi.ie/claims for further details on how to claim.

Manual Lymph Drainage a contribution towards the cost of Manual Lymph Drainage.

We will cover the **Benefit** where the person giving the care is a:

- 1. Physiotherapist,
- 2. Physical therapist, or
- 3. Member of Manual Lymph Drainage (MLD) Ireland.

Please refer to vhi.ie/claims for further details on how to claim.

Medical Tattooing (Eyebrow & Areola) for Cancer Patients

a contribution towards the cost of Medical Tattooing of eyebrows and areola for cancer patients. We will cover a **Benefit** following or during **Your** cancer treatment. This **Benefit** is also available prior to cancer treatment following oncologist referral.



Medical & Surgical Appliances

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions**:

Approved Medical and A specialised device used to support a particular medical condition, Surgical Appliances illness or injury.

✓ Benefit Description

We will cover:

Vhi Healthcare Approved Medical & Surgical Appliances

A contribution towards the cost of **Approved Medical and Surgical Appliances**.

? Eligibility Criteria

- For some appliances We will cover such costs if You provide Us with a specific referral letter to confirm the Approved Medical and Surgical Appliances are Medically Necessary.
- 2. Our Approved Medical and Surgical Appliances may change from time to time. See vhi.ie for the most up-to-date list.



Cardiac Support

5. event monitor.

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

✓ Benefit Description We will cover:	? Eligibility Criteria
Cardiac Care Programme - Medfit Cardiac Care Programme a contribution towards the cost of a personalised exercise and behavioural programme.	We will cover a Benefit when carried out at Medfit Proactive Healthcare, Blackrock, Co. Dublin (Medfit.ie), which is aimed at reducing the risk of a heart event.
Cardiac Care Programme - Urgent Cardiac Care Benefit the cost of attending the Mater Private (Heart and Vascular Centre) for the Urgent Cardiac Care Service.	You will have access to a specialist Cardiologist, cardiology Nurse, cardiac catheterisation laboratory and electrocardiogram (ECG) facilities.
Cardiac Care Programme - Medfit Cardiac Rehabilitation Programme a contribution towards the cost of a personalised exercise and behavioural programme aimed at helping You recover from a cardiac event such as heart surgery, stenting or heart attack.	 We will pay the Benefit if: 1. You have an In-Patient Treatment cardiac admission; and 2. The programme is carried out at Medfit Proactive Healthcare, Blackrock, Co. Dublin (medfit.ie).
Annual Cardiac Review a contribution towards the cost of a Consultant Cardiologist visit and Diagnostic tests which are: 1. stress test; 2. Electrocardiogram (ECG); 3. holter monitor; 4. blood pressure monitor; or	 We will cover a Benefit treatment carried out in an Approved Facility on an Out-Patient basis. No Benefit is payable for shortfalls submitted against any other part of Your Plan. Receipts for Blood tests are not eligible under this Benefit.



Cover outside Ireland

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

These additional Conditions apply to the 'Cover outside Ireland' section

Temporary Stay

Abroad

We will only pay Benefits under Cover outside Ireland for a stay/stays outside of the

Republic of Ireland of no more than 180 days in a calander year.

Recognised Hospitals

We may provide Benefits in any internationally recognised hospital.

Expenses

You can also claim for expenses listed under Everyday Medical Expenses in

Your Table of Benefits, where applicable.

Documentation in

English

All documentation must be in English. This includes claim forms, receipts, invoices

and medical reports.

Euro We will only pay **You** in euro. The exchange rate will be the market rate from the

European Central Bank applicable at the earliest of either; start of **Your** treatment or the date of **Your** admission. Currency Exchange Rates may fluctuate at times and

if this results in a shortfall, You will be liable for the shortfall.

Vhi Assist If You use Vhi Assist We will provide some of Your personal details to the international

assistance company on a strictly confidential basis. If **You** contact **Us**, the assistance company will be able to access **Your** membership details. The assistance company will provide **Us** with details of **Your** illness or injury. This information will be held on the assistance company's system and it will only be used to provide services and **Benefits**

under Your Policy.

Contact Us If We are not contacted before You receive medical treatment, You may not be

eligible for Benefit.

Continued Medical

Treatment

If **You** are repatriated or return home and require continued medical treatment or follow-up treatment in Ireland, the claim for this treatment will be subject to the terms

and conditions of Your Plan.

Repatriation We may repatriate You to Ireland at any time during Your overseas trip if You have

become ill or have an **Accident** and it is agreed with **Your** doctor and **Our** medical advisers. If **You** refuse this assistance, **We** will not pay any further **Benefits** towards

Your medical care under **Your Policy**.

EHIC The European Health Insurance Card (the EHIC) allows holders to access health care

services when travelling to, or on holiday in a European Union or European Economic Area country. There is no charge for the EHIC card. It is a free public service. Please

visit www.ehic.ie to obtain information on applying for this card.

Proceedings against Third Parties

We are entitled to bring proceedings in **Your** name against any third party to recover any payment made under this cover for treatment outside of the Republic of

Ireland. Any amount recovered will belong to **Us**.

You must notify **Us** in writing if **You** start any action against any third party following an **Accident** abroad. Please refer to the third party claims section of the terms and

conditions for further details.



What is Vhi Assist?

Vhi Assist is **Our** emergency treatment abroad service provided by an international assistance company. Vhi Assist does not take the place of travel insurance and **We** recommend that **You** buy travel insurance before **You** go abroad. **You** may wish to consider Vhi MultiTrip.

Where **You** intend to travel abroad for longer than 180 days in any calendar year, **We** recommend that **You** buy separate insurance cover for **Your** trip. **You** may wish to consider Vhi International.

Vhi may assist You by:

- providing a direct payment facility in respect of eligible Benefits where possible. Please note some overseas
 doctors or facilities may not accept payment from Us by direct settlement. Where this occurs, You must pay
 Your bills directly to the overseas doctors or facilities and submit a claim to Us.
- 2. providing a 24 hour emergency telephone service.
- 3. maintaining regular contact with Your overseas doctors.
- 4. monitoring Your ongoing care where necessary, if You are hospitalised.
- 5. making contact with Your doctor in Ireland, immediate family and Your employer if required.
- **6.** recommending a local hospital, where possible, where **Members** will be able to receive appropriate treatment If **You** need to make a claim, **You** must:
- 1. contact Our helpline before receiving any medical treatment on:

USA and Canada 1800 364 9022 Rest of the world +353 1 448 2444

- 2. in the event of an emergency, or where You are unable to call, appoint a designated contact to call for You.
- 3. indicate at the outset whether **You** hold separate travel insurance in respect of **Your** trip abroad and provide details of **Your** travel insurance cover.
- **4.** use the file reference number provided to **You** once **You** have made initial contact with **Us** in all subsequent correspondence with **Us** regarding **Your** treatment.
 - Vhi Assist is for Emergency Treatment Abroad and Repatriation Benefits only.

✓ Benefit Description

We will cover:

Emergency Treatment Abroad

the cost of emergency treatment per calendar year for **You** as shown in **Your Table of Benefits** in:

- 1. an In-patient setting;
- 2. Day Care setting; or
- an Out-Patient department, in a recognised hospital outside the Republic of Ireland where needed due to an unexpected illness or Accident that arises during a temporary stay abroad.

? Eligibility Criteria

We will only cover the Benefit shown in Your Table of Benefits.

As **We** do not have direct payment arrangements with overseas hospitals **You** may need to pay directly and then submit receipts and a completed claim form to **Us** to refund **You**.



Emergency Treatment Abroad Cover Exclusions

These additional Exclusions apply to the 'Emergency Treatment Abroad' Cover section.

High Risk Activities

We will not cover any Benefits for:

Any high-risk activities or dangerous sports, including the following:

- solo mountain climbing
- luge
- boxing, wrestling, karate
- hang-gliding
- micro-lighting
- professional sports
- horse jumping, polo, point-to-point, steeplechasing or horse racing
- off-piste skiing or snowboarding unless accompanied by a qualified guide
- any form of martial arts or unarmed combat
- high diving
- parasailing
- weightlifting
- hunting or shooting
- paraskiing
- white water canoeing
- heli-skiing
- quad biking
- sports competitions

- canyoning
- safari with guns
- motor competitions
- aqua lung diving below 30 metres
- shark feeding or shark cage diving
- bobsleighing
- racing of any kind other than on foot
- skeleton
- yachting outside territorial waters
- mountaineering over 4,000 metres
- ski-jumping, racing, or stunting
- white or black water rafting (grades 5 and 6)
- flying or any aerial activity except travelling as a fare paying passenger on a licensed airline
- solo caving, cave diving or potholing
- any other especially Hazardous pursuits or activity except when organised as a holiday interest where You are given tuition by experts employed by the local organiser



Medical Reports the cost of medical reports.

Clinical Trials participation in clinical trials or treatment associated with clinical trials.

No Return Ticket treatment if **You** do not have a return ticket to the Republic of Ireland or if **You** do not

intend on returning to the Republic of Ireland.

Routine Maternity routine maternity or pregnancy related conditions and diagnostics, such as scans,

x-rays, blood tests, consultations and delivery which are not specifically covered by

Your Plan.

Last Trimester pregnancy related conditions when travelling abroad in **Your** last trimester, unless

such cover is specified under Your Plan.

Rehabilitation convalescence or rehabilitation services.

Routine Dental routine dental treatment.

Travel against Advice treatment if You travel against medical advice.

Substance Accidents illness or Accidents arising from You drinking alcohol or taking drugs.

Self-Harm incidences arising from You deliberately injuring yourself.

Negligence injuries caused by **Your** negligence.

Safety Equipment injuries where appropriate safety equipment is not used or is misused.

Illegal Activities injuries You receive while You are breaking the law.

Do Not Travel Country You travelling to a country which is listed in the Irish Department of Foreign Affairs as

a country with a security status of "do not travel". Refer to Website www.dfa.ie

for guidance.

War Injury

You becoming injured or ill because of war, chemical, biological or nuclear disaster,

civil disturbance or terrorism.

Prior Approval You travelling abroad to receive treatment without obtaining Our approval before

travelling.

Prior Knowledge You travelling abroad with the knowledge You may require treatment without

obtaining **Our** approval before travelling.

Following Discharge charges You incur following discharge from hospital.

Not Medically Necessary treatment which is not acutely Medically Necessary.

Planned Return treatment which could reasonably be provided on **Your** planned return to the

Republic of Ireland.

Refusal to Follow Advice You refusing to follow advice from the treating doctor or Our medical advisers.

Follow-up Treatment follow-up treatment abroad which is not approved by **Us** before it starts.

Telephone Use telephone use.

Prescription Costs prescription or pharmacy costs.

Taxis use of taxis.

Out-Patient MRI MRI scans performed on an Out-Patient basis unless approved by Vhi Assist.

Terms and Conditions items listed in the exclusions section of **Your** terms and conditions.



We will cover:

Repatriation Cover

Your repatriation to Ireland at any time during Your overseas trip if You have become ill or have an **Accident** and it is agreed with **Your** doctor and Our medical advisers.

? Eligibility Criteria

- 1. We will cover costs where:
 - You require medical assistance at the airport or during Your flight;
 - **b.** You are deemed stable and fit to fly by Your treating doctor and Our medical advisers. This must be supported by a detailed medical report in English by Your treating medical doctor or Consultant:
 - c. You have a medical report from Your doctor or Consultant in English stating You are stable and fit to fly;
 - Your doctor recommends, and Our medical advisers agree that transport back to the Republic of Ireland for further treatment is **Medically** Necessary;
 - e. all arrangements are made through
 - repatriation to the Republic of Ireland is directly back from the country where **You** are being treated.
- 2. We will cover transportation costs where You use the organised transportation.
- 3. We will cover costs for an air ambulance where the doctor and **Our** medical advisers consider that Your accommodation on a commercial flight is not Medically Appropriate.



T Evacuation to a Medical Facility the cost of Your:

- 1. evacuation to the nearest:
 - Medical Facility; or
 - country where treatment can be administered; or
- 2. repatriation to the Republic of Ireland if it is nearer.

We will pay the costs if the treatment is:

- 1. not available in the country in which You are travelling; and
- 2. needed because of an emergency.



Companion Benefit

costs incurred by Your travel companion for additional:

- 1. travel to accompany You during Your repatriation;
- 2. accommodation incurred by Your companion whilst You are in hospital; and
- 3. travel to accompany Your evacuation to the nearest Medical Facility or country.
- **1.** We will pay the costs where **Your** companion:
 - is travelling with You; and
 - stays beyond their scheduled return date to the Republic of Ireland as a result of Your illness or Accident.
- 2. We will pay up to:
 - a. €1,000 for additional travel expenses;
 - **b.** €1,000 for additional accommodation costs: and
 - €500 for evacuation costs.

✓ Benefit Description We will cover:	? Eligibility Criteria
 Travelling with Children costs of: Child or children travelling with You to: a. return home; or b. continue to a destination specified by You; and one adult to accompany the Child or children. 	 We will pay the costs where: a. You require repatriation; and b. the Child or children are under 14 years old. We will pay up to a. €1,000 for each Child; and b. €1,000 for one adult to accompany the Child or children.
Child Hospitalisation the costs of an adult accompanying a Child under 14 years while the Child is hospitalised.	 All arrangements must be made by Us. We will pay up to €500 for one adult to accompany the Child or children.
the costs of arranging the return of Your remains to the Republic of Ireland following Your death during a temporary stay abroad.	

Repatriation Cover Exclusions

These additional Conditions apply to the 'Cover outside Ireland' section

We will not cover any Benefits for:

Out-Patient consultations in a Consultant's room or Out-Patient setting. These may be covered

under another **Benefit** subject to applicable **Excess**, limits and terms and conditions.

Substance Accidents illness or **Accident**s arising from **You** drinking alcohol or taking drugs.

Self-Harm incidences arising from You deliberately injuring yourself.

High Risk Activities any high-risk activities or dangerous sports, as defined in Emergency Treatment

Abroad Cover exclusions.

Negligence injuries caused by Your negligence

Safety Equipment injuries where appropriate safety equipment is not used or is misused.

Illegal Activities injuries You receive while You are breaking the law.

War and Unsafe

incidences where there is war, civil disturbance or terrorism and We do not consider it Conditions

safe to end **Our** medical repatriation staff into the area where **You** are.

High Risk Country You travelling to a country which is listed in the Irish Department of Foreign Affairs as a

country with a security status of "high risk". Refer to Website www.dfa.ie for guidance.

War Injury You becoming injured or ill because of war, chemical, biological or nuclear disaster,

civil disturbance or terrorism.

Repatriation to **You** requesting to be repatriated to a country other than the Republic of Ireland. Other Countries

> For PublicPlus Care and PublicPlus Care Day-To-Day only, where **We** agree that it is appropriate the **Benefit** can be used to return **You** if **You** are ill, injured or deceased to a country other than the Republic of Ireland.

Planned Treatment Abroad

repatriation back to the Republic of Ireland following planned treatment abroad.



Elective Treatment Abroad

✓ Benefit Description

We will cover:

Elective Treatment Abroad - Surgical Procedures Available in Ireland (including Gender Affirmation Surgery)

We will cover

- The costs of Your planned elective treatment abroad during a temporary stay abroad for Medically Necessary surgical treatments or diagnostic procedures listed in Schedule of Benefits Professional Fees – Surgery and Procedures
- 2. The average **Benefit We** would have paid for the same procedure in the Republic of Ireland.

? Eligibility Criteria

We pay the costs where:

- 1. You apply in advance;
- 2. Your Irish based Consultant completes the application form;
- 3. We receive the application form at least 20 business days before commencement of Your treatment;
- 4. You provide a copy of the referral letter from Your Irish Based Consultant to Your treating Consultant detailing the medical urgency of Your treatment;
- We have pre-authorised the treatment and given You written approval to travel before You start travelling; and
- 6. any specific criteria set by **Us** are satisfied.

We may request a detailed medical report and a "fit-to-fly" certificate from Your GP or Consultant.

Elective Treatment Abroad – Treatment Not Available in Ireland (including Gender Affirmation Surgery)

the costs of **Your** planned elective treatment abroad during a temporary stay abroad for:

- Medically Necessary surgical treatments or diagnostic procedures which are not available in Ireland;
- **2.** Therapeutic Procedures which are not available in the Republic of Ireland; or
- 3. Medically Necessary hospital admissions for follow-up assessments which are not available in the Republic of Ireland after a Therapeutic Procedure where You received a Benefit in accordance with 2, above.

- 1. We pay the costs where:
 - a. You apply in advance;
 - **b.** Your Irish based Consultant completes the application form:
 - c. We receive the application form at least 20 business days before commencement of **Your** treatment;
 - d. You provide a copy of the referral letter from Your Irish based Consultant to Your treating Consultant detailing the medical urgency of Your treatment;
 - **e. We** have pre-authorised the treatment and given **You** written approval to travel before **You** start travelling; and
 - f. any specific criteria set by **Us** are satisfied.
- 2. For a Therapeutic Procedure that is not available in Ireland We will pay up to the maximum limit outlined in Your Table of Benefits, per calendar year, as applicable to Your Plan at the time of Your treatment, unless a reasonable alternative Therapeutic Procedure is available here in which case We will pay the average Benefit We would pay in Ireland for this alternative procedure.
- As We do not have direct payment arrangements with overseas hospitals You may need to pay them directly and then submit receipts to Us so We can refund You.

Elective Treatment Abroad Exclusions

These additional Exclusions apply to the 'Elective Treatment Abroad' Cover section.

We will not cover any Benefits for:

Consultations consultations in a Consultant's room or Out-Patient setting. These may be covered

under another Benefit subject to applicable Excess, limits and terms and conditions.

Assessments Investigations and **Diagnostic Procedures** assessments, investigations or diagnostic procedures except:

a. for Medically Necessary surgical treatments or diagnostic procedures listed in Professional Fees, Surgery and Procedures Section of Your Table of Benefits, which are available in the Republic of Ireland;

b. for Therapeutic Procedures which are not available in the Republic of Ireland; or

c. for Medically Necessary hospital admissions for follow-up assessments which are not available in the Republic of Ireland after a Therapeutic Procedure where You received **Benefit** in accordance with b above.

Out-Patient Medically Necessary treatment that can be carried out on an Out-Patient basis.

Unproven Treatment new or unproven forms of surgical procedures.

Clinical Trials participation in clinical trials or treatment associated with clinical trials.

Transplant Waiting List treatment if You are currently on a national waiting list for transplants which are

not listed in the Schedule of Benefits.

No Return Ticket treatment if You do not have a return ticket to the Republic of Ireland.

Repatriation repatriation back to the Republic of Ireland following planned treatment abroad.

Planned Treatment

EU Rights

treatment payable under the Treatment Abroad Scheme (TAS) (E112) or the EU Directive 2011/24/EU Application of patients' rights in Cross Border Healthcare.

Please visit www.eu-patient.eu for further details.

Routine Maternity routine maternity or pregnancy related conditions and diagnostics, such as scans,

x-rays, blood tests, consultations and delivery which are not eligible for **Benefits** which

are not specifically covered by Your Plan.

Rehabilitation convalescence or rehabilitation services.

Routine Dental routine dental treatment.

Mental Health treatment related to a Mental health condition.

Substance Abuse treatment for alcohol or substance abuse or pathological gambling.

Treatment Not treatment which is available in the Republic of Ireland, but which is not listed in the

on the Schedule Schedule of Benefits.

Equivalent Treatment

Not on Your Plan

treatment which is equivalent to treatment which is available in the Republic of Ireland

but not listed under Your Plan.

Travel Against Advice treatment received if **You** travel against medical advice.

Medical Reports the cost of medical reports.

Travel and Accommodation travel and accommodation expenses.

Terms & Conditions items listed in the exclusions section of **Your** terms and conditions.



Diagnostics & Scans

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

✓ Benefit Description We will cover:	? Eligibility Criteria
Direct Pay MRI Scan the cost of MRI Scans to investigate or rule out certain medical conditions where, 1. there is a Clinical Indication; and 2. You are referred to a centre with direct pay arrangements. We will pay the centre directly.	 We will cover the Benefit for referrals made by: Consultant or GP in the centres listed for Consultant or GP referrals, or Consultant to a centre listed for Consultant referrals. We will cover scans carried out in an Approved Facility.
Pay & Claim Back MRI Scan a contribution towards the cost of MRI Scans to investigate or rule out certain medical conditions where: 1. there is a Clinical Indication, and 2. You are referred to a 'pay and claim back' centre.	 We will cover the Benefit for referrals made by a: Consultant or GP in the centres listed for Consultant or GP referrals; or Consultant to a centre listed for Consultant referrals. We will cover the Benefit for scans carried out in an Approved Facility; You must pay the centre and submit a claim to Us using the Non-Direct MRI claim form on Our Website; and We will not pay the amount of the Excess.
PET-CT Scans the cost of PET-CT Scans where there is a Clinical Indication.	 We will cover the cost of PET-CT Scans: where We have given prior approval where the referral was made by a Consultant, and carried out in an Approved Facility.
Your Consultant will be able to advise You as	to which Clinical Indications apply.
Direct Pay Oncology CT Scans the cost of Oncology-CT Scans where there is a diagnosis of cancer and a Clinical Indication.	 We will provide cover where: 1. the CT Scan is required as part of Your oncology treatment or review; 2. You are referred for a CT Scan by a GP or Consultant; and 3. the CT scan is carried out in an Approved Facility.
Direct Pay Cardiac CT Scans the cost of Cardiac CT scans.	 We will provide cover where: 1. You are referred for a Cardiac CT scan by a Consultant; and 2. the CT scan is carried out in an Approved Cardiac Direct Pay CT Scan Centre listed in the Directory of Outpatient Scan Centres.



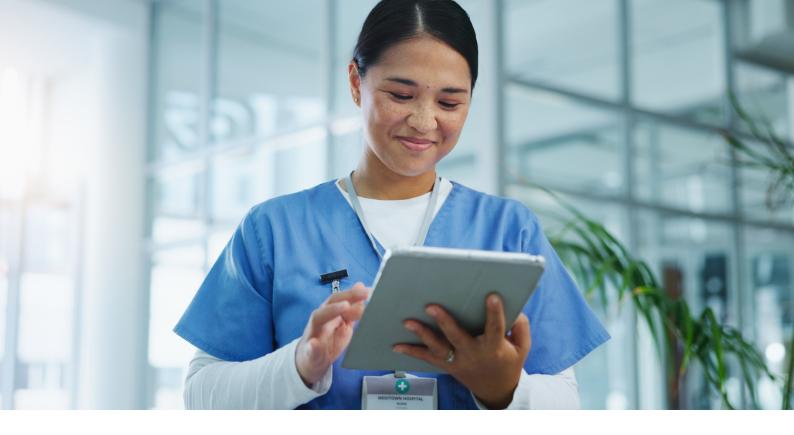
✓ Benefit Description We will cover:	? Eligibility Criteria
Direct Pay CT Scans (other than Oncology and cardiac) the cost of CT Scans.	 We will cover the cost of CT Scans: where the referral was made by a GP or Consultant; and carried out in a facility listed in the Directory of Outpatient Scan Centres, when carried out for one of the Clinical Indications as specified by Us to all Consultants.
Direct Pay Dexa Scans the cost of Dexa Scans.	 We will cover the cost of Dexa Scans: 1. where the referral is made by a GP or Consultant; and 2. carried out in an approved Dexa Scan Centre.
If You do not attend a Direct Pay Dexa Scan Centre, please refer to the radiology / X-rays & scans Benefit in Your Table of Benefits , if applicable.	



Everyday Medical Expenses

We will pay the following when shown as covered in **Your Table of Benefits** up to the **Benefit** amount shown. (Some **Benefits** in this section may be under other sections in **Your Table of Benefits** depending on the **Plan You** hold).

✓ Benefit Description We will cover:	? Eligibility Criteria
Paediatrician Benefit a contribution towards the cost of Your Child's first visit to a Consultant Paediatrician.	We will pay towards a visit within 1 year of the birth.
General Practitioner a contribution towards the cost of consultations with a GP .	Please refer to Practitioner Registration requirements in the General terms.
Consultant consultations a contribution towards the cost of consultations with a Consultant.	We will not cover costs for maternity consultations; or Your child's first visit to a Consultant paediatrician If eligible under another Benefit.
Dental Practitioner a contribution towards the cost of Your visit to a Dental Practitioner.	Please refer to Practitioner Registration Requirements in the General terms.
Practice Nurse a contribution towards the cost of Your visit to a Practice Nurse.	Please refer to Practitioner Registration Requirements in the General terms.
Physiotherapist a contribution towards the cost of Your visit to a Physiotherapist.	Please refer to Practitioner Registration Requirements in the General terms.
Travel Vaccination a contribution towards the cost of Travel Vaccinations.	We will cover a Benefit for Travel Vaccinations administered by a: 1. GP; 2. Consultant; or 3. Nurse.
Hearing Test a contribution towards the cost of a hearing test.	We will cover a Benefit if the test is carried out by an Audiologist.
Hearing Aid a contribution towards the cost of Your Hearing Aid.	
Flu Vaccination a contribution towards the cost of Your Flu Vaccination.	We will cover costs for treatment carried out by a 1. GP, 2. Consultant, 3. Nurse, or 4. Pharmacist.



✓ Benefit description We will cover:	? Eligibility criteria
Prescription Costs a contribution towards the cost of Your Prescription.	We will cover the Benefit of drugs prescribed by a General Practitioner , Consultant or Dentist .
Pre- & Post-natal care a contribution towards the cost of pre- & post-natal care incurred by You, being the insured pregnant Member.	 We will pay towards costs incurred with a: GP, Consultant, Sonographer, or Midwife. We will not pay more than once for each pregnancy.
Vasectomy a contribution towards the cost of a vasectomy, including any related consultations pre-procedure and post-procedure.	 The vasectomy must be carried out by a: GP, or Consultant, in their own room. We will accept one receipt and it must detail the name and date of the procedure and any related consultation dates.
Intrauterine system (IUS) hormonal coil a contribution towards the cost of an Intrauterine system (IUS) hormonal coil where the coil or system is a: 1. Mirena, 2. Jaydess, or 3. Kyleena.	We will cover a Benefit for treatment carried out by: 1. GP; 2. Consultant; or 3. Nurse.



We will cover:

STI Screening (Sexually Transmitted Infection)

a contribution towards the cost of sexually transmitted infection (STI) screening.

Neurodiversity Assessment

a contribution towards the cost of a neurodiversity assessment for Autism Spectrum Disorder, Developmental Delay, Attention Deficit Hyperactivity Disorder, Developmental Coordination Disorder or Dyspraxia, Learning Disability, Intellectual disability, Speech Delays and Sensory Processing Disorders.

Pathology/ Blood – Consultants Fees a contribution towards the cost of Pathology / Blood tests with a Consultant Pathologist on an Out-Patient basis.

Pathology/ Blood Tests – Technical Charges

a contribution towards the cost of **Technical Charges** from a blood test with a **Consultant Pathologist** on an **Out-Patient** basis.

? Eligibility Criteria

We will cover the **Benefit** where the screening is carried out by a:

- 1. GP,
- 2. Consultant, or
- 3. Nurse,

in their own room.

We will cover the **Benefit** where the assessment is carried out by a:

- 1. GP,
- 2. Consultant,
- 3. Psychologist,
- 4. Speech and, or
- 5. Occupational Therapist.

We will not cover any maternity or fertility related procedures under this **Benefit**.

- We will cover the Benefit for Technical Charges if performed at an Approved Facility.
- 2. We will not cover any maternity or fertility related procedures under this **Benefit**.

✓ Benefit Description We will cover:	? Eligibility Criteria
Radiology / X-rays and scans — Consultant Fees a contribution towards the cost of listed procedures in the Schedule of Benefits when performed by a Consultant Radiologist on an Out-Patient basis.	We will not cover any maternity or fertility related procedures under this Benefit.
Radiology/ X-rays and scans — Technical Charges a contribution towards the cost of Technical Charges for listed procedures in the Schedule of Benefits when performed by a Consultant Radiologist on an Out-Patient basis.	 We will cover the Benefit for Technical Charges if performed at an Approved Facility. We will not cover any maternity or fertility related procedures under this Benefit.
Specified Diagnostic Tests a contribution towards the cost of the Diagnostic Tests carried out on an Out-Patient basis.	 We will cover a Benefit towards Diagnostic Tests that are carried out 1. by a GP; Consultant or Nurse; or 2. in a facility listed in the Vhi Directory of Approved Medical Facilities.
Alternative therapy a contribution towards a visit to an alternative therapist.	We will cover a Benefit towards the following alternative therapists: 1. Acupuncturist, 2. Chiropractor, 3. Osteopath, 4. Physical therapist, and 5. Reflexologist.
Complementary therapy a contribution towards a visit to a complementary therapist.	We will cover a Benefit towards the following professionals: 1. Chiropodist, 2. Podiatrist, 3. Dietitian, 4. Nutritionist, 5. Occupational therapist, 6. Speech and language therapist, 7. Orthoptist, and 8. Strength and conditioning coach.
Optical – Eye Tests a contribution towards the costs of eye tests.	 We will cover a Benefit towards eye tests if they are carried out by an: Optometrist, Ophthalmic Surgeon registered with Us, or Ophthalmic Physician registered with Us. We will provide this Benefit once in a 24 month period unless otherwise stated in Your Table of Benefits. The 24 month period starts on the date You have Your eye test performed.



✓ Benefit Description We will cover:	? Eligibility Criteria
Optical – Glasses & Contact Lenses a contribution towards the costs of: 1. Prescription Glasses; 2. Contact Lenses; and 3. repairs to prescription glasses.	 We will provide this Benefit in a 24 month period, unless otherwise stated in Your Table of Benefits, which starts on the earliest of the date when: 1. the prescription glasses are first purchased, or 2. the contact lenses are first purchased.
Emergency Dental Treatment a contribution towards the cost of emergency dental treatment following an Accident .	 We will cover the Benefit where: You present to a Dental Practitioner within 5 days of the Accident, the Dental Practitioner certifies that the emergency treatment was necessary, and the claim is accompanied by a dated receipt on headed paper.
SELFCheck™ Testing Kits Purchased Online a contribution towards the cost of a SELFCheck™ Home Self Testing, purchased through any online pharmacy.	 We will cover the Benefit of SelfCheckTM Home Self Testing Kit where You are over 18 years old. We do not take responsibility for the findings of a SELFCheckTM Home Self Testing Kit test. All follow-ups should be conducted by You with a qualified medical practitioner.
Psychologist / Counsellor / Psychotherapist a contribution towards the cost of visits to a Psychologist, Counsellor or Psychotherapist.	Please refer to the Practitioner Registration Requirements in the General Terms.
Strength and Conditioning Coach a contribution towards the cost of visits to a Strength and Conditioning Coach.	We will cover the Benefit when accredited with UKSCA.
Accident & Emergency Cover (Public Hospitals only) the public hospital Out-Patient levy.	
Home Nursing a contribution towards the cost of Your nursing care at home.	 We will cover the Benefit where: a Consultant and Our medical advisers agree that it is Medically Necessary; the care immediately follows a Medically Necessary stay in an Approved Facility; if the person providing the care is a Nurse; and You are over 18 years of age at the date of Your last Policy renewal.

Other Support Benefits

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Some Benefits in this section may be under other sections in Your Table of Benefits depending on the Plan You hold.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions:**

✓ Benefit Description We will cover:	? Eligibility Criteria
Vhi Second Opinion Service the cost of the Vhi Second Opinion service. This offers You a medical second opinion.	To use this service please contact 1800 247 724 for more details.
Vhi NurseLine a telephone assessment and medical advice and information on specific medical issues.	To use this service please contact NurseLine on 1800 247 724 (local calls) or +353 56 775 3289 (when abroad). This service is available 24 hours a day, 365 days a year. Please see vhi.ie for more details.
Gender Affirmation Supports a contribution towards the cost of a Gender Reassignment Support for: 1. Blepharoplasty, 2. body contouring, 3. face lifting, 4. chin implants, 5. facial bone reduction, 6. feminisation or masculinisation of torso, 7. hair removal, 8. reduction thyroid chondroplasty, 9. skin re-surfacing, 10. lip reduction, 11. Rhinoplasty, 12. nose implants, and 13. Hormone Replacement Therapy.	 We will cover the Benefit where a Clinical Psychologist or Consultant Psychiatrist has certified that You satisfy all the following criteria: 1. persistent, well-documented gender dysphoria, 2. capacity to make a fully informed decision and to consent for treatment, 3. if significant medical or mental health concerns are present, they must be reasonably well controlled, and 4. You are aged 18 or over.
Fit-for-Life Mobility Programme a contribution towards the cost of Fit-for-Life Mobility Programme. Bookings can be made by contacting The Physio Company on (01) 518 0011. Further information can be found on vhi. ie/members.	 We will cover Benefit where: the programme is carried out by a Physiotherapist employed by the Physio Company, and You are 18 years or older at Your last renewal. Access to the services and the number of visits provided for each service will be based on Your clinical need, which will be

determined by The Physio Company.



We will cover:

Private Emergency Department Care Package

a contribution towards the cost of an emergency department visit in an approved Private Emergency Department.

? Eligibility Criteria

To use this **Benefit** please contact the relevant emergency department directly.

We will not cover people who are under 16 years old.

Geographical limitations apply to the Private Ambulance **Benefit**.

This service is available to **Members** located in Dublin, Kildare, Wicklow and Meath.

Fitness Screening and Personalised Exercise Programme

the costs of fitness screening and a personalised exercise programme carried out in the Sports Surgery Clinic, Santry.

This **Benefit** is payable for **Members** aged 14 years and over. Please contact the Sports Surgery Clinic, Santry directly for further details.

Executive Health Screening

a contribution towards the cost of Executive Health Screening in an approved Executive Screening Centre. We will cover the Benefit where:

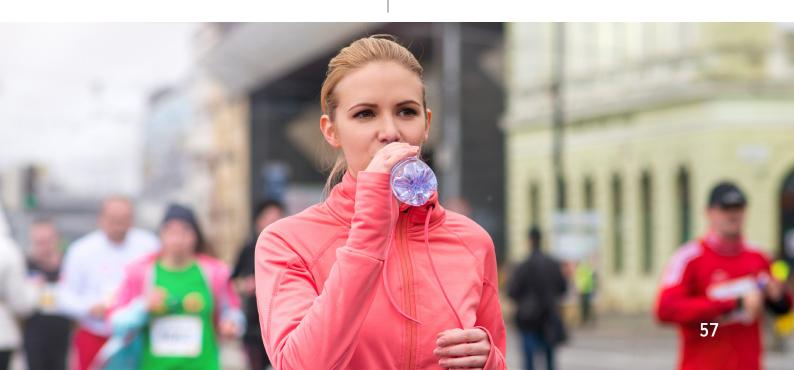
- You were over 18 years old at the date of Your last Policy renewal;
- **b.** We determine it to be Medically Appropriate; and
- c. the screening is carried out in a facility listed in the Vhi Directory of Approved Medical Facilities.

We will pay this once in a 24 month period, provided We determine it to be Medically Appropriate. This period starts on the date that the screening test is performed.

Laser Eye Surgery

a contribution towards the costs of Laser Eye Surgery for vision correction.

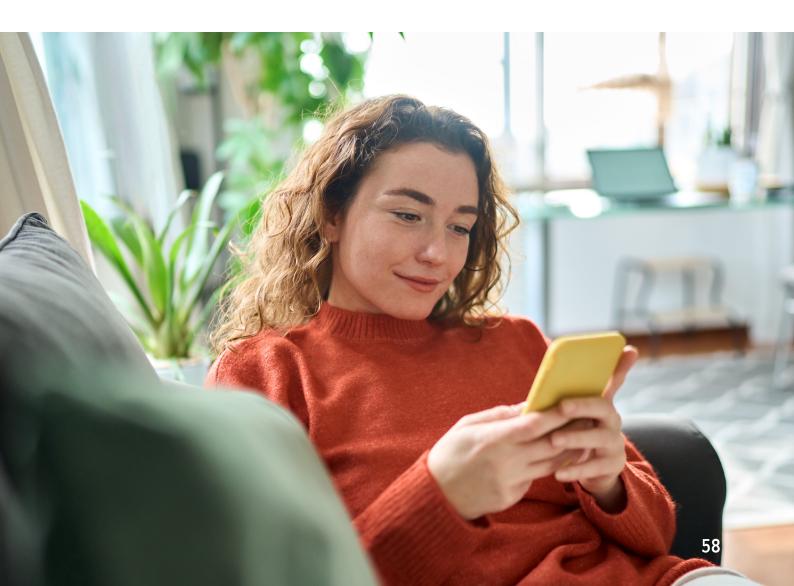
- **1.** You are over the ages of 18 at the time of treatment
- 2. **Benefit** is payable per eye and **Your** receipt must indicate the eye that has been treated



Vhi Digital Services

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

✓ Benefit Description We will cover:	? Eligibility Criteria
 Vhi Digital Health Services a contribution towards the cost of an online: 1. Physiotherapist, 2. Speech and language therapist, and 3. Dietitian. through Vhi Digital Health Services for treatment or diagnosis. These services can be accessed via the Vhi app. 	We will provide this Benefit to people 2 years or older.
Vhi Online Doctor a contribution towards the cost of an online doctor through Vhi Digital Health Services for treatment or diagnosis. These services can be accessed via the Vhi app.	We will provide this Benefit to people aged 2 years or older.





Vhi Clinical Services

We will pay the following when shown as covered in Your Table of Benefits up to the Benefit amount shown.

Cover Definitions

Where any word below appears in this cover in bold font, it has the meaning below. The definitions below are used in addition to **General Definitions:**

Vhi Health Screening A Health Check or Health Check Enhanced or Health Check Executive Vhi screening

programme carried out in an Approved Facility.

Vhi Specialist An integrative medicine General Practitioner who has entered into agreement with Vhi

360 Health Centres to provide a 360 Health Clinic service.

✓ Benefit Description We will cover:	? Eligibility Criteria
Vhi 360 Core Services - Vhi 360 Urgent Care a contribution towards the cost of an initial consultation with a GP and follow-up treatment in a Vhi 360 Health Centre.	This Benefit is only claimable once per visit. This means You cannot submit claims for shortfalls under any other Benefits on Your Plan .
Vhi 360 Core Services - Vhi 360 Paediatric Clinic a contribution towards the cost of an initial consultation and follow-up treatment with Our Paediatrics team. Our Paediatric Clinics are located within Vhi 360 Health Centres.	This Benefit is only claimable once per visit. This means You cannot submit claims for shortfalls under any other Benefits on Your Plan .
Vhi 360 Core Services - Vhi 360 Health Clinics a contribution towards the cost of Vhi 360 Health Clinic consultation and treatment in a Vhi 360 Health Centre.	This Benefit is only claimable once per visit. This means You cannot submit claims for shortfalls under any other benefits on Your Plan .
Vhi 360 Core Services - Vhi 360 Heath screening a contribution towards the cost of a Vhi Health Screening.	 We will cover the costs where: You were over 18 years old at the date of Your last Policy renewal; We determine it to be Medically Appropriate; and the screening is carried out in a facility listed in the Vhi Directory of Approved Medical Facilities. We will pay this once in a 24-month period, provided We determine it to be Medically Appropriate. This period starts on the date that the screening test is performed.



We will cover:

Vhi 360 Health Centre Personalised Follow-Up package a contribution towards the cost of personalised Follow-Up package

a contribution towards the cost of personalised follow-up visits, classes and sessions. Details can be found at vhi.ie/360health.

Vhi 360 Follow on visits Vhi 360 Health Centre
Consultant and Specialist Led Care
a contribution towards the cost of personalised
follow-up visits, classes and sessions.
Details can be found at vhi.ie/360health.

Vhi 360 Follow on visits -Vhi 360 Health Centre Primary Care Practitioners

Centre.

a contribution towards the cost of a visit and Medically Necessary diagnostics with a Primary Care Practitioner in a Vhi 360 Health Centre.

? Eligibility Criteria

We will cover costs where a referral has been made from a Vhi Core Service in a Vhi 360 Health Centre.

This **Benefit** is only claimable once per visit. This means **You** cannot submit claims for shortfalls under any other **Benefits** on **Your Plan**.

This **Benefit** is only claimable once per visit. This means **You** cannot submit claims for shortfalls under any other **Benefits** on **Your Plan**.

Vhi Health Centre Diagnostics a contribution towards the cost of an x-ray or ultrasound diagnostic scan in a Vhi 360 Health

- 1. We cover costs where a referral has been made by a **GP**.
- This Benefit is only claimable once per visit.
 This means You cannot submit claims for shortfalls under any other Benefits on Your Plan.

Contact Us

Postal Address: IDA Business Park, Purcellsinch,

Dublin Road, Kilkenny.

Telephone: (056) 444 4444

Lines open: 8am – 7pm Monday – Friday

9am – 3pm Saturday

Contact: Vhi.ie

Vhi.ie/contact

Dublin Vhi House, Lower Abbey Street, Dublin 1.

Fax (01) 873 4004

Cork Vhi House, 70 South Mall, Cork.

Fax (021) 427 7901

Kilkenny IDA Business Park, Purcellsinch, Dublin Road, Kilkenny.

Fax (056) 776 1741



