

## Table of Benefits – Nurses' Plan Select

Applicable to new registrations or renewals on/or after 1<sup>st</sup> October, 2023.

This Table of Benefits must be read in conjunction with your Hospital Plan Terms and Conditions and the Directory of Approved Medical Facilities. Facilities may change from time to time, so log on to [Vhi.ie](http://Vhi.ie) or phone us on (056) 444 4444 if you are planning treatment.

	<b>Benefit Provision</b>	<b>Benefit</b>
	<b>Section 1 - Hospital charges</b>	
A	Public Hospitals	Full cover
B	Private hospitals and treatment centres <ul style="list-style-type: none"> <li>• Day care, side room &amp; semi-private accommodation</li> <li>• Private accommodation</li>   <li>• Radiotherapy &amp; Chemotherapy</li> <li>• Specified Orthopedic &amp; Ophthalmic procedures (such as hip, knee &amp; shoulder joint replacements and cataract surgery, contact us for details of these)               <ul style="list-style-type: none"> <li>- Day care, side room &amp; semi-private accommodation</li> <li>- Private accommodation</li> </ul> </li>   <li>• The following hospital excesses are payable by the member (except for maternity &amp; certain cancer treatments)               <ul style="list-style-type: none"> <li>- Day care &amp; side room - €75 per claim</li> <li>- In-patient admissions - €125 per claim</li> </ul> </li> </ul>	Full cover Semi-private rate Full cover  80% 80% semi-private rate
C	High-Tech Hospitals	75%
D	Day Hospitals & Centres (refer to the Directory of Approved Day Hospitals & Centres) <ul style="list-style-type: none"> <li>• Level 1 approved day hospitals &amp; centres</li> <li>• Specified orthopaedic &amp; ophthalmic procedures (contact us for details of these)</li> <li>• Level 2 approved day hospitals &amp; centres - €75 excess per claim</li> <li>• Specified orthopaedic &amp; ophthalmic procedures (contact us for details of these) - €75 excess per claim</li> </ul>	Full Cover 80%  Full cover 80%
	<b>Section 2 - Consultants' fees/GP procedures</b>	
A	In-patient treatment, day-care/side room/out-patient & GP procedures <ul style="list-style-type: none"> <li>• Participating consultant/GP</li> <li>• Non-participating consultant/GP</li> </ul>	Full cover Standard benefit
	<b>Section 3 - Mental Health cover (read in conjunction with Section 1)</b>	
A	Benefit towards annual subscription for Meditation Apps – (details available at <a href="http://Vhi.ie/emotional-wellbeing">Vhi.ie/emotional-wellbeing</a> )	€30 per year
B	Out-patient mental health treatment <ul style="list-style-type: none"> <li>• Mental health assessment in every 24 month period in an approved out-patient mental health centre</li> </ul>	€100

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	<ul style="list-style-type: none"> <li>Out-patient mental health therapy - 12 visits in an approved out-patient mental health centre</li> </ul>	€75 per visit
C	Day care psychiatric treatment for approved day care programmes	Contact us for further details
D	In-patient psychiatric treatment	100 days
E	In-patient treatment for alcoholism, drug or other substance abuse in any 5 year period	91 days
<b>Section 4 - Maternity &amp; Baby</b>		
A	<p>Normal confinement</p> <ul style="list-style-type: none"> <li>Public hospital benefit (up to 3 days)</li> <li>Caesarean delivery (as per hospital benefits listed)</li> </ul> <p>Home birth benefit</p>	<p>Full cover</p> <p>Refer Section 1</p> <p>€2,500</p>
B	In-patient maternity consultant fees (per Schedule of Benefits for Professional Fees)	Agreed charges
C	<p>Post-natal home nursing</p> <ul style="list-style-type: none"> <li>Following 1 nights stay</li> <li>Following 2 nights stay</li> </ul>	<p>€600</p> <p>€300</p>
D	Vhi Fertility Programme	
	<p>Fertility benefit - benefit per member, towards the cost of specified fertility tests and treatments carried out in a Vhi Participating Fertility Treatment Centre. Benefits listed are once per lifetime unless otherwise specified.</p> <ul style="list-style-type: none"> <li>Initial consultation</li> <li>Fertility tests</li> <li>Egg freezing</li> <li>Sperm freezing</li> <li>IUI - up to 2 treatments per lifetime</li> <li>IVF or ICSI - up to 2 treatments per lifetime</li> <li>Preimplantation Genetic Testing (PGT)</li> <li>Frozen Embryo Transfer – up to 2 treatments per lifetime</li> <li>Fertility counselling - 5 sessions per treatment carried out in a Vhi Participating Fertility Treatment Centre</li> <li>Fertility support services - Acupuncturists &amp; Dietitians visits</li> </ul>	<p>€100</p> <p>€100</p> <p>€1,000</p> <p>€125</p> <p>50% up to €1,000 per treatment</p> <p>50% up to €1,000 per treatment</p> <p>€500</p> <p>50% up to €500 per treatment</p> <p>€50 per session</p> <p>Refer Section 9</p>
E	<p>Maternity &amp; Baby Bundle</p> <ul style="list-style-type: none"> <li>Maternity Yoga and Pilates classes</li> <li>One maternity scan</li> <li>Breast-feeding consultations</li> </ul>	75% cover up to a combined limit of €500

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	<ul style="list-style-type: none"> <li>• Baby massage classes</li> <li>• Baby swim classes</li> <li>• Ante natal course</li> </ul>	and no excess
F	<p>Additional Maternity &amp; Baby Benefits</p> <ul style="list-style-type: none"> <li>• Foetal screening (per renewal year)</li> <li>• Paediatrician benefit (In addition to the Vhi paediatric clinic benefit - 1 visit in the year of the birth)</li> <li>• Vaccinations for Meningitis B and Chicken Pox - up to two inoculations for each per lifetime</li> <li>• New parents food pack</li> <li>• Paediatric first aid course</li> <li>• Pre- and post-natal care (combined visits)</li> </ul>	<p>€100 €60</p> <p>€60 per inoculation Full cover €60 €250 No excess applies to this section</p>
<p><b>Section 5 - Cancer care and other benefits</b></p>		
A	<p>Genetic testing for cancer</p> <ul style="list-style-type: none"> <li>• Initial visit for genetic testing for cancer *</li> <li>• Genetic test - for specified genetic mutations to be carried out in an approved clinic *</li> <li>• Preventative (Prophylactic) treatment following on from the genetic test</li> </ul> <p>* These benefits are available immediately for existing Vhi customers with no waiting periods. There is a 26 week new conditions waiting period for new joiners.</p>	<p>€125 Full cover</p> <p>Covered up to the levels for hospital treatment listed in Section 1</p>
B	<p>Additional cancer support benefits</p> <ul style="list-style-type: none"> <li>• Mammogram in an approved mammogram centre</li> <li>• Cancer Care Support - Accommodation, travel &amp; parking costs</li> <li>• Manual lymph drainage - 10 visits</li> <li>• Medical Tattooing (Eyebrow &amp; Areola) for cancer patients</li> <li>• Wig/ hairpiece, sleeping cap, post-mastectomy bra, swimsuit, surgical prosthesis following cancer treatment - subject to the benefit maximum for medical and surgical appliances set out below</li> </ul>	<p>Full cover (one per renewal year) Up to €100 per treatment up to a maximum of €1500 per calendar year €50 per visit Up to €60 per year Full cover</p>
C	Other benefits in Section 5	

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	Vhi Healthcare approved medical and surgical appliances (contact us for details of eligible appliances)	75% per year – Max €2,500
	Convalescent care - first 14 nights towards the cost of semi-private or private room accommodation	€40 per night
	Vhi Hospital@Home	Full cover
	Child home nursing - 14 days per calendar year	€100 per day
	Parent accompanying child - 14 days per calendar year, following a stay in excess of 3 days in hospital	€100 per day
	<b>Section 6 - Transport costs</b>	
A	Transport costs (covered in accordance with our rules)	Agreed charges
	<b>Section 7 - Cover outside Ireland</b>	
A	Emergency treatment abroad	€100,000 per calendar year
B	Elective treatment abroad including gender affirmation surgery (subject to prior approval) <ul style="list-style-type: none"> <li>• Surgical procedures available in Ireland (as per level of cover in Ireland)</li> <li>• Treatment not available in Ireland</li> </ul>	€100,000 per calendar year €100,000 per calendar year
	<b>Section 8 - Out-patient scans, covered in accordance with our rules (refer to the Directory of Approved Out-patient Scan Centres)</b>	
A	MRI scans <ul style="list-style-type: none"> <li>• Centres with direct pay arrangements (Vhi pay directly)</li> <li>• Pay &amp; claim back centres (subject to an excess of €125 per scan)</li> </ul>	Full cover Covered
B	PET-CT scans (covered in accordance with our rules)	Full cover
C	CT scans <ul style="list-style-type: none"> <li>• Oncology direct pay centres (Vhi pay directly)</li> <li>• Cardiac direct pay centres (Vhi pay directly)</li> <li>• CT Scans other than Oncology and Cardiac - direct pay centres (Vhi pay directly)</li> </ul> For CT scans not covered under this section - please refer to section 9	Full cover No cover Full cover
D	Dexa scans in an approved direct pay dexa scan centre	50% cover (one per renewal year)
	<b>Section 9 – Consultant &amp; diagnostics benefits</b>	
A	Consultant visits	€60
B	X-rays & Scans <ul style="list-style-type: none"> <li>• X-rays &amp; Scans - in an approved centre</li> <li>• X-rays &amp; Scans - reporting and interpreting results (consultant fee)</li> </ul>	€40 €60

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C	Blood Tests <ul style="list-style-type: none"> <li>Blood Tests - in an approved centre</li> <li>Blood Tests - reporting and interpreting results (consultant fee)</li> </ul>	€40 €60
	The annual excess payable by the member – per member, per year is €100	
	These benefits are not subject to an annual maximum	
	<b>Section 10 – Day-to-day medical expenses (benefits are per visit, per member, unless otherwise indicated)</b>	
A	General practitioner – 6 visits	€25
B	Dental practitioner – 6 visits	€25
C	Physiotherapist – 6 visits	€25
D	Practice nurse visit – 6 visits	€25
E	Chiropractor / Occupational Therapist / Chiropodist / Podiatrist / Orthoptist / Dietitian / Nutritionist / Osteopath / Physical Therapist / Acupuncture / Reflexologist / Strength & conditioning coach visit / Speech therapy – 6 combined visits	€25
F	Optical <ul style="list-style-type: none"> <li>Eye test in each 24 month period</li> <li>Glasses/contact lenses in each 24 month period</li> </ul>	€30 €70
G	Travel vaccinations – up to 3 vaccines	€25 per vaccine
	The annual excess payable by the member – per member, per year is €1	
	The annual maximum per member, per year is €1,500	
	<b>Section 11 – Additional out-patient benefits</b>	
A	Accident & emergency cover – 1 visit	€75
B	Psychologist / Counsellor / Psychotherapist – 6 combined visits (subject to the Section 10 annual maximum)	€25
C	STI Screening	Up to €50 per year
D	Vasectomy	50% up to €250 per lifetime
E	Intrauterine system (IUS) hormonal coil	50% up to €300 per lifetime
	<b>Section 12 – Vhi Digital Health Services (available through the Vhi App)</b>	
A	Vhi Online Doctor – 6 visits	Full cover
	Vhi Online Physiotherapy, Speech & Language Therapy and Dietitian – 12 combined visits	Full cover

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	<b>Section 13 – Vhi Clinical Services (including Vhi SwiftCare &amp; Vhi 360 Health Centres, benefit is per visit unless otherwise indicated)</b>	
A	Vhi Core Services, subject to an excess of €75 per visit <ul style="list-style-type: none"> <li>• Urgent Care</li> <li>• Paediatric Clinic</li> <li>• 360 Health Clinics</li> <li>• Health screening - HealthCheck, in each 24 month period</li> </ul>	Full cover Full cover Full cover Full cover
B	Vhi Personalised follow up package following referral from a Vhi Core Service – 4 visits per referral. Details available at <a href="http://Vhi.ie/360health">Vhi.ie/360health</a>	Full cover
C	Additional follow on visits/care in a Vhi 360 Health Centre. Details available at <a href="http://Vhi.ie/360health">Vhi.ie/360health</a> <ul style="list-style-type: none"> <li>• Primary care practitioners, subject to an excess of €25 per visit</li> <li>• Consultant and Specialist led care, subject to an excess of €75 per visit</li> </ul>	Full cover Full cover
D	Vhi 360 Health Centre diagnostics (X-ray & ultrasound) following GP referral, subject to an excess of €75 per visit	Full cover
	<b>Additional notes</b>	
A	You have the option to change your cover at your renewal date and in certain additional circumstances (as determined by us) during your contract year. This is subject to Terms and Conditions and waiting periods may apply. Further information is available on our website at <a href="http://www.vhi.ie/midterm-planchanges.pdf">www.vhi.ie/midterm-planchanges.pdf</a> or you can contact us if you would like to discuss this option.	

Vhi Healthcare DAC trading as Vhi Healthcare is regulated by the Central Bank of Ireland. Vhi Healthcare is tied to Vhi Insurance DAC for health insurance in Ireland which is underwritten by Vhi Insurance DAC.

TOBNPS V45 Oct23