



Well@Home

Advice and supports for our cocooning members at this time



Supports and clinical services at home

Developed by our team of medical experts, our Well@Home service has been setup for those who are currently cocooning.

Well@Home provides access to a comprehensive range of clinical supports and services at home, at no extra cost, along with personalised advice. Available assistance includes referral to our SwiftCare team, online doctor, Hospital@Home to general wellbeing checks with advice on diet, sleep and exercise.

What we do



Our contact centre will provide personalised advice and support including:

1. **Information and advice on your policy and cover.**
2. **General wellbeing check with a nurse.**
3. **Home delivery of medications.**
4. **Access to a range of clinical supports.**

Call Now
056 444 4444

To access the service, please call us now and our Well@Home team will be able to get you the support you need.

Clinical Supports and Services



Home Delivery Service

We can organise delivery of your prescription medications to your door by our Hospital@Home team. Only available in Dublin and Galway City.



Clinical Supports

Access to 24/7 mental health support, teleconsultations with SwiftCare, GP, physio or dietician and referral to our Hospital@Home service, as appropriate.



Wellbeing Check

We can arrange a consultation with a nurse who can give you information on sleep, diet and exercise over the phone.

See our Online Health Team for more information on our [clinical services here](#).